

PROGRAMME ARCHITECTURE OF HEALTHY LIFE FORUM, 24–25 JULY 2024



Plenary session ‘How to Find the Key to a Long, Healthy, and Happy Life’

Medicine for Active Longevity		Key Components of a Healthy Lifestyle		Women for a Healthy Society	
Investing in the Health of the People of the Future	Healthy Lifestyle in the Workplace: The Role of Socially Responsible Business in Creating a Healthy Society	Current Issues in Neuronutrition: What Should a Modern Diet Look Like?	What the Minister Prescribed (Open dialogue with the Minister of Health of the Russian Federation)	Strategic Session ‘Women for a Healthy Society: Trends and Initiatives for Active Longevity’	
Integrated Approach to Cooperation for Human Health and Well-Being	Looking Beyond the Limits of What’s Possible: Can We Freeze the Aging Process?	Movement Equals Life	Food Culture in Russia. A Habit or Tradition?	Social Projects That Change Lives for the Better	Stress and Health in the Digital Age: New Challenges and Solutions
Who Are the Medical Personnel of the Future?	Health Saving Technologies: A Response to Global Challenges	Healthy Lifestyle Trends to Change Lives for the Better (Master class)	Art performance ‘Art as Medicine’	Heart-to-Heart Conversation: How a Woman Sees Herself in a Healthy Society	A Healthy Family: The Cornerstone of the Population Protection Policy
Only Together: Doctors and Patients against Diabetes	One Step Ahead. Innovations in Pharmaceuticals to Change Lives for the Better	Getting Active Again: A Fresh Start With Rehabilitation			
How to Prevent the Progression of Diseases in the Modern World? Live and Learn to Be Healthy	Business for Advanced Healthcare: Outlook 2030				