

HEALTHY LIFE FORUM PROGRAMME

March 23–24, 2023, St. Petersburg

Programme accurate as at March 24, 2023

March 23, 2023

09:30–11:00

Tauride Palace
Reading Hall

Healthy Life Forum

Staff Training to Meet the Challenges of Modern Healthcare

Medical education in the CIS historically has a strong clinical foundation and unique scientific schools that aim to train highly professional personnel and develop breakthrough medical technologies. Nevertheless, contemporary issues pose a number of challenges in the educational sector for all CIS countries: ensuring equal rights for all citizens to receive affordable and high-quality education, introducing innovations, and improving the integration of educational infrastructure. At present, the agenda for developing medical education includes implementing state measures to eliminate shortages of personnel, mainly in primary healthcare, and to support the employment of young professionals. Given the current challenges, it is of paramount importance to build up human resources in such strategically important areas as public health, biotechnology, genetics, neurotechnology, the digitalization of healthcare, the development of artificial intelligence, and the creation of vaccines and other medical products. The healthcare systems of CIS countries also need modern management personnel – leaders of change who can form effective teams to develop the industry. What are the strategic focuses for the development of the medical education system in CIS countries? What steps need to be taken to expand integration opportunities? What innovations have already been introduced into the medical personnel training system in the CIS, and what are the current focuses of training at medical universities? How can we ensure import independence and competitiveness in educational technologies? What successful measures of social support for medical workers exist today, and are they sufficient to increase the number of human resources in the industry? What kind of challenges does the system of higher professional and continuing medical education face today?

Moderator:

- **Tatyana Semenova**, Deputy Minister of Health of the Russian Federation

Panelists:

- **Alexander Bazarchyan**, Director, National Institute of Health Academician S. Avdalbekyan of the Ministry of Health of the Republic of Armenia
- **Viktor Fomin**, Vice-Rector for Clinical Work and Additional Professional Education, I.M. Sechenov First Moscow State Medical University of the Ministry of Healthcare of the Russian Federation Sechenovskiy University
- **Makhmadshoh Gulzoda**, Rector, Tajik State Medical University of the Ministry of Health and Social Protection of the Population of the Republic of Tajikistan
- **Ruslan Khalfin**, Director, Institute of Leadership and Healthcare Management, Sechenov University of the Russian Ministry of Health; President, Society of Healthcare and Public Health Specialists
- **Bolot Maykanaev**, Rector, International Medical University of the Republic of Kyrgyzstan
- **Ayan Mysaev**, Deputy Director of the Department of Science and Human Resources of the Ministry of Health of the Republic of Kazakhstan
- **Sergey Rubnikovich**, Rector, Belarusian State Medical University of the Ministry of Health of the Republic of Belarus

Front row participants:

- **Andrey Eremin**, Rector, Saratov State Medical University named after V.I. Razumovsky" of the Ministry of Health of the Russian Federation
- **Nikolai Karyakin**, Rector, Privolzhsky Research Medical University of the Ministry of Health of the Russian Federation
- **Vladimir Shkarin**, Rector, Volgograd State Medical University of the Russian Ministry of Health

09:30–11:00

Tauride Palace
Hall 1

Healthy Life Forum

Advanced Technologies in Medicine: A Course Towards Progressive Development

Modern medicine is always progressing and constantly being improved, offering revolutionary methods for the treatment of many diseases. New diagnostic and clinical methods and approaches are being studied and put into practice. Digital transformation has resulted in the accumulation and storage of a large amount of medical and scientific data, new ways of working with information, the ability to analyse and use it in scientific work, the application of artificial intelligence technologies, and much more. The combination of these factors offers a comprehensive look at the process of providing

medical care, covering each stage from prevention to rehabilitation. How has the importance of genetics in medicine increased at each stage of human life in recent decades? What are the modern capabilities of genetic testing? What genetic screening projects exist in Russia and the CIS? What is the role of the project on the neonatal screening of newborns for five hereditary diseases in Russia? What role does all this data play for science, medicine, people, and the state, and how can this data be used to provide quality medicine? How is the biobanking system developing in Russia? What is the National Genetic Information Database? What is its place among the existing federal information systems? What are the prospects for cell technologies in clinical medicine? What role do genetics play in the preservation of the Indigenous peoples of the North and the Arctic? How were the genetic registers of the peoples of Russia created?

Moderator:

- **Alexey Martynov**, President, Association of Biomedical Cellular Products Manufacturers

Panellists:

- **Manarbek Askarov**, Head of the Center for Cell Technologies and Transplantation, National Scientific Medical Center JSC of the Ministry of Health of the Republic of Kazakhstan
- **Elena Filonenko**, Executive Director, Association of Directors of Centers and Institutes of Oncology and X-Ray Radiology of the CIS and Eurasian Countries
- **Andrey Kaprin**, General Director, Federal State Budgetary Institution National Medical Research Radiological Centre of the Ministry of Health of the Russian Federation; Chief Freelance Specialist Oncologist of the Ministry of Health of the Russian Federation
- **Igor Korobko**, Head of Science and Innovative Development of Health Department, Ministry of Health of the Russian Federation
- **Sergey Kutsev**, Director, Research Centre for Medical Genetics; Chief External Expert in Medical Genetics of the Ministry of Health of the Russian Federation
- **Alexey Lundup**, Director of the Scientific and Educational Resource Center for Cellular Technologies, Peoples' Friendship University of Russia
- **Elena Parovichnikova**, General Director, National Medical Research Center for Hematology of the Ministry of Health of the Russian Federation
- **Evgeny Shlyakhto**, General Director, Almazov National Medical Research Centre of the Ministry of Health of the Russian Federation
- **Andrey Vasiliev**, Director, Koltzov Institute of Developmental Biology of Russian Academy of Sciences
- **Kamilla Zarubina**, Acting Vice President, Executive Director of the Cluster of Biological and Medical Technologies, Skolkovo Foundation

Front row participants:

- **Andrey Glotov**, Head of the Department of Genomic Medicine, Research Institute of Obstetrics, Gynecology and Reproductology named after D. O. Otta
- **Sergey Rumyantsev**, Deputy Director of the Institute of Personalized Medicine, National Medical Research Center of Endocrinology of the Ministry of Health of the Russian Federation; Doctor of Medical Sciences; Corresponding Member, Russian Academy of Sciences

09:30–11:00

Tauride Palace
Hall 9

Healthy Life Forum

Healthy Cities – New Challenges of the Times: Best Practices and Prospects for Cooperation in Public Health in the CIS

The concept of healthy cities offers a single paradigm for a humanistic approach to society's involvement in decision-making that affects people's living conditions, building social capital, and creating an accessible social and physical environment that enables people to reach their maximum potential in terms of health and well-being. The key approach to multilevel governance in healthy cities is to take people's health into account, while putting public health at the top of the agenda of local governments. This approach helps to create synergies by ensuring a coherent policy and strengthening partnerships of trust with a wide range of government, civil, and business entities. Creating an interstate platform to bolster public health and developing international cooperation among CIS countries to maximize the potential of the global movement of healthy cities is a strategically important step towards achieving the goal of the health and well-being of the population of CIS countries in the face of the current challenges. What institutional approaches to public health management are needed, and what role do the municipal authorities play in strengthening public health? How can the sister cities of CIS countries intensify international cooperation on public health issues? What effective practices do CIS countries have in place for healthy urban planning?

Moderator:

- **Tatiana Shestakova**, Executive Director, "Healthy Cities, Districts and Towns" Association

Panellists:

- **Nodira Alikhanova**, Director, Healthy Lifestyle and Physical Activity Support Center of the Ministry of Health of the Republic of Uzbekistan

- **Bakyt Dzhangaziev**, Deputy Minister of Health of the Kyrgyz Republic for Digital Development
- **Olga Granatovich**, Deputy Chairman of the Committee on Healthcare, Government of Saint Petersburg
- **Elena Istyagina-Eliseeva**, Director, State Museum of Sport; Deputy Chairman of the Commission on Physical Culture and Promotion of a Healthy Lifestyle, Public Chamber of the Russian Federation; Research Supervisor, Institute of Sports Management and Law, National Research University Higher School of Economics
- **Anastasia Kosova**, Head of the Department of Public Health and Socio-hygienic Monitoring, State Institution "Republican Center for Hygiene, Epidemiology and Public Health", Ministry of Health of the Republic of Belarus
- **Victoria Madianova**, Deputy Director, Institute of Leadership and Health Care Management, Sechenov University of the Russian Ministry of Health
- **Natalia Semenova**, Deputy Director for Scientific, Organizational and Methodological Work, National Medical Research Center of Psychiatry and Neurology named after V.M. Bekhterev of the Ministry of Healthcare of the Russian Federation
- **Alexandra Usacheva**, Director of the Department of International Cooperation and Public Relations, Ministry of Health of the Russian Federation
- **Melita Vujnovic**, Representative, World Health Organization Office in the Russian Federation

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Tauride Palace
Hall 11

Healthy Life Forum

How to Build a Modern Prevention Model for a Healthy Society

Modern challenges require a paradigm shift in the work of the primary healthcare sector. The preservation of people's health, including for able-bodied citizens, is a priority. One of the main modern trends is a personalized approach to prevention, including the use of modern digital transformation capabilities. The availability and comfort of care, especially as regards treatment for preventive purposes, is an unquestioned need among patients. International experience shows that getting working citizens involved in preserving their health and promptly correcting risk factors is an extremely complex task. What issues are being addressed by medical prevention now and which ones still need to be addressed? What achievements of modern science in matters concerning preventive care are the most promising? Does international experience have the potential to be implemented in practice? What do the terms 'convenient' and 'comfortable' mean in the case of preventive care, and what do patients need? Can non-health workers help us with a new prevention model?

Moderator:

- **Lyubov Drozdova**, Senior Researcher, Department of Primary Prevention of Chronic Non-Infectious Diseases in the Healthcare System, FGBU State Scientific and Research Center for Preventive Medicine of the Ministry of Healthcare of the Russian Federation

Panellists:

- **Dinagul Baesheva**, Chief Freelance Pediatric Infectious Disease Specialist of the Ministry of Health of the Republic of Kazakhstan, Head of the Department of Pediatric Infectious Diseases, Astana Medical University
- **Oksana Drapkina**, Director, National Medical Research Center for Therapy and Preventive Medicine of the Ministry of Health of the Russian Federation
- **Ekaterina Karakulina**, Director of the Department of Organization of Medical Care and Sanatorium and Resort Business, Ministry of Health of the Russian Federation
- **Natalia Mitkovskaya**, Director, State Institution "Republican Scientific and Practical Center "Cardiology" of the Ministry of Health of the Republic of Belarus
- **Yuriy Zhulev**, President, Russian Hemophilia Society

Front row participants:

- **Igor Bakulin**, Dean of the Medical Faculty, North-Western State Medical University named after I.I. Mechnikov; Chief Therapist of the North-Western Federal District of the Russian Federation
- **Tatyana Elagina**, Chief Physician, Center for Medical Prevention, Moscow Health Department
- **Elvira Gilmanova**, Company Development Director, Genome Expert
- **Elena Grigorenko**, Deputy Director for Analytical Work and International Cooperation, Republican Scientific and Practical Center "Cardiology"; Professor of the Department of Cardiology and Internal Medicine, Belarusian State Medical University
- **Irina Puzrakova**, Chief Freelance Specialist in Preventive Medicine of the Penza Region, Chief Physician of the Penza Regional Center for Public Health and Medical Prevention
- **Olga Tyulkina**, Director, Public Health Center; Chief Freelance Prevention Specialist of the Leningrad Region

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Tauride Palace
Reading Hall

Healthy Life Forum

Primary Healthcare: Improving Availability and Efficiency

CIS countries have accumulated a vast amount of experience in employing different models to build up effective primary healthcare systems. However, primary healthcare continues to transform in all countries due to both existing challenges, such as a lack of personnel, and emerging ones, such as the COVID-19 pandemic. The session will mainly focus on a discussion of current trends in the transformation of primary healthcare, best practices, and organizational solutions that aim to improve the availability and efficiency of primary healthcare. In addition, the participants will discuss possible areas for interaction, joint projects, and initiatives in CIS countries to develop primary healthcare and improve people's health. What goals have CIS countries set to transform primary healthcare? What is the ultimate of the transformation of primary healthcare? What activities are CIS member states implementing to transform primary healthcare? What areas of interaction do representatives of CIS member nations see to achieve a synergistic effect and improve the availability and effectiveness of primary healthcare?

Moderator:

- **Olga Kobyakova**, Director, Federal Research Institute for Health Organization and Informatics of Ministry of Health of the Russian Federation

Panellists:

- **Ilya Balanin**, Chairman, Federal Mandatory Medical Insurance Fund (FOMS)
- **Nikolay Emelyanov**, Deputy Chairman of the Government of the Leningrad Region for Social Affairs
- **Knar Ghonyan**, Head, Health Care Policy Department, Ministry of Health of the Republic of Armenia
- **Azhar Giniyat**, Minister of Health of the Republic of Kazakhstan
- **Fazil Huseynbayov**, Head of Health Organization Department, Ministry of Health of the Republic of Azerbaijan
- **Ekaterina Karakulina**, Director of the Department of Organization of Medical Care and Sanatorium and Resort Business, Ministry of Health of the Russian Federation
- **Ghafur Muhsin Mukhsinzade**, First Deputy Minister of Health and Social Protection of Population of the Republic of Tajikistan
- **Umidulla Riskiev**, Head, Main Department for Organization of Medical and Preventive Care of the Ministry of Health of the Republic of Uzbekistan
- **Dmitry Ruzanov**, Director, Republican Scientific and Practical Center for Medical Technologies, Informatization, Management and Economics of Health (RSPC MT)

Front row participants:

- **Svetlana Moskvina**, Acting Director of the Health Department of the Ivanovo Region
- **Aizhamal Shambetova**, Health Coordinator of the Talas region; Director, Talas Regional Center for Family Medicine
- **Alexander Solonin**, General Director, Association of Private Clinics of St. Petersburg

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Tauride Palace
Hall 1

Healthy Life Forum

Corporate Health: The Basis of a Healthy Future

Corporate health programmes are among the key mechanisms for managing the health of the able-bodied part of society. The range of responsibility of corporate healthcare strategies should include measures that aim to prevent and diagnose diseases, the provision of qualified medical care, as well as the prevention of the development of diseases and risk factors. When drawing up corporate programmes, employers should focus not only on the problem of the spread of socially significant chronic non-communicable diseases, but also on the problem of controlling the psychological and emotional climate in the workplace and preventing stress factors that lead to decreased efficiency and professional burnout. Measures should be taken to ensure a healthy environment at companies and promote healthy lifestyles among employees and a responsible attitude to their health. A full-fledged corporate health culture needs to be created that encompasses all aspects of health management, including an analysis of disability risks and the use of preventive measures. To what extent do corporate programmes meet the goal of strengthening public health? What niches have yet to be fully implemented and require efforts from companies and enterprises? What criteria dictate the effectiveness of corporate programmes? What government support measures are needed to expand corporate health programmes?

Moderator:

- **Elena Zhidkova**, Head of the Clinics Network, Russian Railways-Medicine – A Branch of Russian Railways; General Director, Russian Railways-Medicine

Panellists:

- **Oksana Drapkina**, Director, National Medical Research Center for Therapy and Preventive Medicine of the Ministry of Health of the Russian Federation
- **Elina Isagulova**, Vice President for B2B Commerce and Operations Management, VK
- **Evgeny Kamkin**, Deputy Minister of Healthcare of the Russian Federation
- **Natalia Kostenko**, Head of the Department of Planning and Organization of Medical Care, Central Healthcare Directorate, Russian Railways
- **Lyudmila Scherbakova**, Co-Founder, Chairman of the Board of Directors, Velpharm

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Hall 9

Healthy Life Forum

Development of Technologies for the Manufacturing and Use of Innovative Radiopharmaceuticals

The development of innovative domestic radiopharmaceuticals, technologies for their industrial production, as well as methods for their use in medicine is a top priority for Russia's scientific and technological development and the foundation for personalized medicine as well as the diagnosis and treatment of various oncological, cardiological, rheumatological, and other diseases. The high-tech solutions and products that have been developed help to ensure Russia's scientific and technological leadership and independence in the critically important healthcare industry. The global market for the isotope complex (sources of ionizing radiation, stable isotopes, active pharmaceutical ingredients, and radiopharmaceuticals) alone is worth more than USD 6 billion. The market segment associated with the development of radiopharmaceuticals is expected to increase to USD 10 billion by 2030. Russia is currently a leader in the world market for the production and supply of raw radionuclide products (e.g., such promising radionuclides as Ac-22 and Th-227). However, technological expertise and production infrastructure need to be developed more rapidly, including the production of radiopharmaceuticals in accordance with international GMP standards and the introduction of new diagnostic and treatment methods into medical practice, to meet the real needs of the domestic healthcare system for radiopharmaceuticals. When will the necessary production facilities be created in accordance with international GMP standards? What new radiopharmaceuticals will be brought to the market first? Will radiopharmaceuticals be included in the Vital and Essential Drugs List? Is the government considering the issue of including technologies that use radiopharmaceuticals in the Programme for State Guarantee of Free Medical Care to the Citizens of the Russian Federation?

Co-moderators:

- **Diana Kobesova**, Deputy General Director for Pharmaceutical Business Development, Rusatom Healthcare
- **Valentina Kosenko**, General Director, Scientific Center for Expertise of Medicinal Products of the Ministry of the Ministry of Health of the Russian Federation

Panellists:

- **Andrey Kaprin**, General Director, Federal State Budgetary Institution National Medical Research Radiological Centre of the Ministry of Health of the Russian Federation; Chief Freelance Specialist Oncologist of the Ministry of Health of the Russian Federation
- **Darya Kryuchko**, Head of the Department of Translational Medicine and Innovative Technologies, Federal Medical and Biological Agency (FMBA of Russia)
- **Maksim Kushnarev**, General Director, Isotope Regional Alliance
- **Daria Ryzhkova**, Head of Scientific and Clinical Association of Nuclear Medicine, Almazov National Medical Research Centre of the Ministry of Health of the Russian Federation
- **Vladimir Sergienko**, Head of the Department of Radionuclide Diagnostics and Positron Emission Tomography, State Budgetary Healthcare Institution "National Research Center for Preventive Medicine" of the Ministry of Health of the Russian Federation
- **Sanjar Shalekenov**, Deputy Chairman of the Board for Scientific and Educational Activities, National Research Oncology Center of the Ministry of Health care of the Republic of Kazakhstan

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Hall 11

Healthy Life Forum

Medical Tourism in the CIS Space

CIS countries have enormous potential for medical tourism and the export of medical services. In many CIS countries, the industry receives state support and is trending in a promising direction, which should strengthen integration processes across the CIS. Attention should be paid to ways to improve legal regulation and competitiveness in safety and quality, as well as exchange and apply best practices in the development of medical tourism. What measures are crucial to improving the international competitiveness of medical tourism in the CIS? What integration processes could strengthen the joint medical tourism market in the CIS? What tools for the joint development of medical and health tourism should be introduced? What treatments do foreigners most often come to Russia for, and which CIS countries do Russians visit for treatment? What are the most important areas of medical tourism and the export of medical services that need to be developed for CIS countries?

Moderator:

- **Daria Shimanovskaya**, Deputy Director of the Department of International Cooperation and Public Relations of the Ministry of Health of the Russian Federation

Panellists:

- **Elena Aksenova**, Director, Research Institute for Healthcare Organization and Medical Management of Moscow Healthcare Department
- **Dzhanyl Akunova**, Health Coordinator, Issyk-Kul Regional TB Control Center
- **Dmitry Arsyutov**, General Director, "Eye Microsurgery" National Medical Research Center named after academician S.N. Fedorov» of the Ministry of Health of the Russian Federation
- **Alexey Belyaev**, Director, National Medical Research Center of Oncology named after N.N. Petrov of the Ministry of Health of the Russian Federation
- **Sergey Polyakov**, Director, N. N. Alexandrov National Cancer Centre of Belarus
- **Oleg Salagay**, Deputy Minister of Health of the Russian Federation
- **Maxim Yakovlev**, Deputy Director for the Strategic Development of Medical Activities, National Medical Research Centre for Rehabilitation and Balneology of the Ministry of Health of the Russian Federation
- **Alexander Zharkov**, Chairman, Health Committee of the Leningrad Region

14:00–15:30Tauride Palace
Reading Hall

Healthy Life Forum

Women's Role in Innovative Healthcare Development: Breakthrough Solutions Amidst New Challenges

Current challenges and the global COVID-19 pandemic have plotted new vectors for the transformation of the healthcare industry around the world. Fundamentally new paradigms and key trends in preserving health have been actively forming in recent years. Effective models of organizing the healthcare system, approaches to disease prevention, and modern technologies for treatment and rehabilitation are being introduced. One of the key modern trends is a personalized approach to prevention, including the use of breakthrough innovative solutions. And women play a prominent role in these transformations. In terms of the number of women in science, Russia is one of the leaders around the world, with women making up more than 70% of Russian doctors and around 95% of paramedical workers. In drug production alone, more than 60% of workers are women. As an example, 17 of the 31 key specialists who developed the Russian coronavirus vaccine Sputnik V are women. In the world of innovative technologies, women account for almost a third of international patent applications. What role does the women's community play in modern trends in scientific and innovative development and what tools are needed to support it? What advances in modern technologies for the prevention, diagnosis, and treatment of diseases and rehabilitation are the most promising today? What does 'convenient' and 'comfortable' mean for patients in terms of preventive care? What best practices in developing and introducing innovative technologies, as well as in promoting healthy lifestyles, have the potential for sharing exchange and being scaled up?

Moderator:

- **Galina Karelova**, Deputy Chairman, Federation Council of the Federal Assembly of the Russian Federation

Panellists:

- **Elena Aksenova**, Director, Research Institute for Healthcare Organization and Medical Management of Moscow Healthcare Department
- **Nodira Alikhanova**, Director, Healthy Lifestyle and Physical Activity Support Center of the Ministry of Health of the Republic of Uzbekistan
- **Anahit Avanesyan**, Minister of Health of the Republic of Armenia
- **Gulnara Baatyrova**, Minister of Health of the Kyrgyz Republic
- **Oksana Drapkina**, Director, National Medical Research Center for Therapy and Preventive Medicine of the Ministry of Health of the Russian Federation
- **Lyudmila Scherbakova**, Co-Founder, Chairman of the Board of Directors, Velpharm
- **Anastasia Stolkova**, First Deputy Chief Executive Officer for Development, Director of the Healthcare Directorate, Roscongress Foundation
- **Elena Zhidkova**, Head of the Clinics Network, Russian Railways-Medicine – A Branch of Russian Railways; General Director, Russian Railways-Medicine

Front row participants:

- **Elena Khrustaleva**, Head of Production and Development Directorate, Managing Company of the Holding Belpharmprom
- **Natalia Mitkovskaya**, Director, State Institution "Republican Scientific and Practical Center "Cardiology" of the Ministry of Health of the Republic of Belarus

14:00–15:30

Tauride Palace
Hall 1

Healthy Life Forum

Quality and Safety of Medical Activities: The Foundation for the Development of National Healthcare

Enhancing the quality and safety of medical care is one of the top strategic priorities of the state policy in healthcare, which aims to increase the population, extend healthy life expectancy, reduce mortality and disability, respect the rights of citizens in the healthcare sector, and ensure citizens' rights to state guarantees in healthcare-related matters. New decisions, including organizational and managerial decisions, are supported at the national level with the aim of ensuring the sustainable development of the healthcare system, maintaining the health of the population, and improving the quality of medical care. Joint efforts are needed today to address challenges related to the responsibility of all parties involved in the healthcare system – patients and their relatives, medical workers, medical and insurance organizations, and the state as represented by the healthcare and regulatory authorities. What methods and tools for developing the healthcare sector will be most effective amidst the current challenges? What practices at the level of the regions and medical organizations currently ensure not only the quality and accessibility of medical care, but also the progressive development of the healthcare system? What are the key components of the national system for ensuring the quality and safety of medical activities? What results have been achieved, and what are the priorities and prospects for the development of a national system to ensure the quality and safety of medical activities?

Moderator:

- **Alla Samoylova**, Head, Federal Service for Surveillance in Healthcare (Roszdravnadzor)

Panellists:

- **Evgeny Kamkin**, Deputy Minister of Healthcare of the Russian Federation
- **Dmitry Ruzanov**, Director, Republican Scientific and Practical Center for Medical Technologies, Informatization, Management and Economics of Health (RSPC MT)
- **Rafael Shavaliyev**, Chief Physician, Republican Clinical Hospital of the Ministry of Health of the Republic of Tatarstan
- **Evgeny Shlyakhto**, General Director, Almazov National Medical Research Centre of the Ministry of Health of the Russian Federation
- **Andrey Starshinin**, Deputy Head of the Department of Health of the City of Moscow

Front row participants:

- **Natalia Kan**, Deputy Director for Research, National Medical Research Center for Obstetrics, Gynecology and Perinatology named after N.N. Academician V.I. Kulakov" of the Ministry of Health of the Russian Federation
- **Oleg Shvabsky**, Deputy General Director, Federal State Budgetary Institution "National Institute of Quality", Federal Service for Surveillance in Healthcare
- **Talent Sooronbaev**, Director, National Center for Cardiology and Therapy (NCCT) named after Academician Mirsaid Mirrakhimov under the Ministry of Health of the Kyrgyz Republic
- **Yan Vlasov**, Co-Chairman, Russian Patient Association

14:00–15:30

Tauride Palace
Hall 9

Healthy Life Forum

Mental Health of the Population

Mental health is an area of healthcare that requires more and more attention from the government and society. The growing prevalence of mental illness, discrimination against people suffering from psychiatric disorders, disability, the diminished quality of life not only of patients, but also of their relatives, as well as downplaying the importance of diseases and underestimating their impact on socioeconomic indicators has all caused many people to only reach out for psychiatric help in the most extreme cases, and a significant number of patients are left without proper examinations and qualified treatment. However, timely diagnosis and high-quality preventive measures are an essential factor in preventing mental disorders. What modern methods of monitoring people's mental health exist today? How are Russia and CIS countries implementing a system of continuity in the provision of psychiatric care to the population? What problems and difficulties do CIS countries face in organizing psychiatric and narcological services? What can be done to make timely mental healthcare more accessible? What modern approaches are being implemented in the psychosocial rehabilitation of people impacted by military actions?

Moderator:

- **Svetlana Shport**, General Director, Serbsky National Medical Research Centre for Psychiatry and Narcology of Ministry of Health of the Russian Federation

Panellists:

- **Kuanysh Altynbekov**, General Director, Republican Scientific and Practical Center for Mental Health of the Ministry of Health of the Republic of Kazakhstan
- **Zarifjon Ashurov**, Director, Republican Specialized Scientific and Practical Medical Center for Narcology; Chief Narcologist, Ministry of Health of the Republic of Uzbekistan

- **Lilit Baghdasaryan**, Member of the Executive Committee, Secretary for Retraining Specialists, Armenian Psychiatric Association
- **Orkhan Jafarov**, General Director, Republican Narcological Center of the Ministry of Health of the Republic of Azerbaijan
- **Alexander Khodzhaev**, Director, Republican Scientific and Practical Center for Mental Health
- **Lilia Panteleeva**, Associate Professor of the Department of Medical Psychology, Psychiatry and Psychotherapy, B. N. Yeltsin Kyrgyz-Russian Slavic University
- **Oleg Salagay**, Deputy Minister of Health of the Russian Federation

Front row participant:

- **Anton Petrov**, Head of the 2nd department, St. Petersburg State Budgetary Institution of Health "City Narcological Hospital"

14:00–15:30Tauride Palace
Hall 11

Healthy Life Forum

Modern Approaches to Combatting Cancer

According to the International Agency for Research on Cancer, approximately 27,000 people around the world die from cancer each day. The World Health Organization predicts there will be more than 30 million new cases of cancer a year by 2040. Oncological diseases clearly pose a serious global socioeconomic problem today and threaten to incapacitate and reduce the working population. The Russian Federation, in cooperation with CIS member states, devotes considerable attention to developing and introducing new technologies to diagnose and treat cancer, including the use of nuclear medicine. The CIS Economic Council has approved an action plan to implement the Concept of Cooperation between CIS Member States in Combating Oncological Diseases for 2020–2024, the co-executor of which is the Association of Directors of Institutes of Oncology and Radiology of the CIS and Eurasia. The partnership's agenda includes such issues as the digitalization of healthcare, the active use of telemedicine technologies, the development of molecular genetic diagnostic methods, the expansion of capabilities for minimally invasive and organ-preserving treatment, and the introduction of in-house developments in nuclear medicine. Special attention is also being paid to the advanced training of oncologists and radiologists. What joint scientific cooperation programmes are CIS countries successfully implementing today? How is experience being shared and new technologies being introduced in practice? What are the prospects for cooperation in the near future, and what results does it aim to achieve?

Moderator:

- **Andrey Kaprin**, General Director, Federal State Budgetary Institution National Medical Research Radiological Centre of the Ministry of Health of the Russian Federation; Chief Freelance Specialist Oncologist of the Ministry of Health of the Russian Federation

Panellists:

- **Alexey Belyaev**, Director, National Medical Research Center of Oncology named after N.N. Petrov of the Ministry of Health of the Russian Federation
- **Ekaterina Karakulina**, Director of the Department of Organization of Medical Care and Sanatorium and Resort Business, Ministry of Health of the Russian Federation
- **Natalia Kondratieva**, Medical Director, Pharmasyntez
- **Narek Manukyan**, Director, National Center of Oncology named after V.A. Fanarjyan
- **Dmitry Maystrenko**, Director, Russian Scientific Center for Radiology and Surgical Technologies named after Academician A.M. Granov
- **Sergey Polyakov**, Director, N. N. Alexandrov National Cancer Centre of Belarus
- **Bakyt Shaimbetov**, Deputy Director for Research, National Center for Oncology and Hematology under the Ministry of Health of the Kyrgyz Republic
- **Sanjar Shalekenov**, Deputy Chairman of the Board for Scientific and Educational Activities, National Research Oncology Center of the Ministry of Health care of the Republic of Kazakhstan

Front row participants:

- **Sergey Alekseev**, Chief Physician of the Leningrad Regional Clinical Hospital; Chief Freelance Specialist Oncologist of the Leningrad Region
- **Zarobiddin Barotov**, Deputy Director, Republican Cancer Research Center of the Ministry of Health and Social Protection of the Population of the Republic of Tajikistan
- **Igor Khatkov**, Chief Non-Staff Specialist Oncologist of the Department of Healthcare of Moscow; Director, GBUZ Moscow Clinical Scientific Center named after Loginov of the Department of Healthcare of Moscow (**online**)

16:00–17:30Tauride Palace
Reading Hall

Healthy Life Forum

New Threats in the Modern World: The Evolution of Infectious Diseases

The COVID-19 pandemic demonstrated the importance of the problem of socially significant infections, as well as the threat of new infections and infectious epidemics emerging on a global scale. During the pandemic, fundamental changes were made in the approaches to providing medical care to patients with the novel coronavirus infection. The emergence of new strains of SARS-CoV-2 and new prevention and treatment drugs had a major impact not only on the clinical progression and outcomes of the disease, but also on how the epidemic process of COVID-19 and other acute respiratory infections manifest themselves. Exchanging best practices in the prevention, diagnosis, and treatment of infectious diseases will make an important contribution to coordinating efforts to respond to current and future biological threats in the CIS. What kind of assessment can we give to national and international experience in combatting COVID-19 and other topical infectious diseases? What "contribution" do socially significant infections make to the morbidity and mortality of the population, and what impact did the COVID-19 pandemic have on the intensity of their spread? What are the most significant factors in the evolution of infectious diseases at the present stage and what biological risks are most relevant now? How can we assess the main results of the 2022/2023 influenza and SARS epidemic season. What are some of its distinguishing features with previous seasons in the pre- and post-pandemic period?

Moderators:

- **Vladimir Chulanov**, Deputy Director for Research and Innovation Development, National Medical Research Center for Phthisiopulmonology and Infectious Diseases; Chief External Expert in Infectious Diseases of the Ministry of Health of the Russian Federation
- **Igor Stoma**, Rector, Professor of the Department of Infectious Diseases, Gomel State Medical University

Panellists:

- **Gulzhigit Aaliev**, Chief Physician, Republican Clinical Infectious Diseases Hospital of the Ministry of Health of the Kyrgyz Republic
- **Stepan Atoyan**, Director, National Center for Infectious Diseases, Ministry of Health of the Republic of Armenia
- **Dinagul Baesheva**, Chief Freelance Pediatric Infectious Disease Specialist of the Ministry of Health of the Republic of Kazakhstan, Head of the Department of Pediatric Infectious Diseases, Astana Medical University
- **Vladimir Gushchin**, Head, Laboratory of Mechanisms for the Population Variability of Pathogenic Microorganisms, Ivanovsky Institute of Virology, Gamaleya National Centre of Epidemiology and Microbiology
- **Igor Karpov**, Head of the Department of Infectious Diseases, Belarusian State Medical University
- **Dmitriy Lioznov**, Acting Director, The Smorodintsev Research Institute of Influenza of the Ministry of Health of the Russian Federation
- **Yury Lobzin**, Children's Clinical Research Centre for Infectious Diseases, Federal Biomedical Agency
- **Roman Polibin**, Deputy Director for Research, Institute of Public Health. F.F. Erisman Sechenov University; Chief Freelance Epidemiologist, Ministry of Health of the Russian Federation
- **Sergey Sidorenko**, Head of the Department of Molecular Microbiology and Epidemiology, Children's Scientific and Clinical Center for Infectious Diseases of the FMBA of Russia

16:00–17:30

Tauride Palace
Hall 1

Healthy Life Forum

CIS Pharmaceutical Market: Ensuring Drug Availability

The best way to actively develop the pharmaceutical market of CIS countries in order to meet the modern needs of healthcare systems for innovative medical products is to implement synergistic development models, ensure cooperation between industries, and transfer advanced production technologies. The most important components for such development are effective state support measures for the pharmaceutical industry, models to ensure sustainable demand for popular drugs, and scalable experience in integrating individual industries. What is the pharmaceutical market of the CIS really like? What measures are being taken to support the pharmaceutical industry? What is the role of generic drugs on the CIS pharmaceutical market? What role does the transfer of innovative medical technologies play? How can we ensure the demand for popular medicines? What are the benefits of introducing a system to label and monitor the movement of drugs for the pharmaceutical market? What role does cooperation play in creating models for the transfer of innovations and bringing them to the CIS markets?

Moderator:

- **Victor Dmitriev**, General Manager, Association of Russian Pharmaceutical Manufacturers

Panellists:

- **Mikhail Fonarev**, General Director, Moscow Endocrine Plant
- **Dmitriy Galkin**, Director of Department of Pharmaceutical and Medical Industry

Development, Ministry of Industry and Trade of the Russian Federation (online)

- **Alexander Hadjidis**, President, Association of Clinical Pharmacologists of St. Petersburg
- **Erkhat Iskaliyev**, Chairman of the Board, SK-Pharmacy, Republic of Kazakhstan
- **Valentina Kosenko**, General Director, Scientific Center for Expertise of Medicinal Products of the Ministry of the Ministry of Health of the Russian Federation
- **Petr Rodionov**, General Director, Geropharm LLC
- **Alla Samoylova**, Head, Federal Service for Surveillance in Healthcare (Roszdravnadzor)
- **Evgeniya Shapiro**, Director General, PSK Pharma
- **Elena Sinchenko**, Director for Strategic Development of Production Assets, R-Pharm

16:00–17:30

Tauride Palace
Hall 9

Healthy Life Forum

Presentation of Best Practices in Public Healthcare. Exchanging Experience with CIS Countries

Public health is a key prerequisite for the development of a prosperous society and state. Physical, emotional, and social health, as factors of harmonious development, are integral components of a unified public healthcare system and require an effective model of public administration in this area. However, problems related to the development of systematic approaches to strengthening public health not only need to be solved with state regulation, but with interaction among and taking into account the interests of all concerned parties – the state, business, NPOs, and society. In this context, exchanging proven experience and scaling up successful practices to promote public health at the level of CIS member countries is particularly important. What tools could contribute to joining efforts in public health and searching for opportunities for supranational regulation at the level of the CIS and the EAEU? What examples of the most successful experience in public health monitoring could other CIS members apply in practice? What best practices for creating an environment that preserves people's health at the federal, regional, and municipal levels could be scaled up throughout the CIS? What examples of intersectoral and interagency cooperation could be adopted at the level of other CIS countries? How can women's role in public health management be assessed, and what are the most successful examples of women's practices and initiatives that could be used to create effective public health management systems?

Moderator:

- **Oksana Drapkina**, Director, National Medical Research Center for Therapy and Preventive Medicine of the Ministry of Health of the Russian Federation

Panelists:

- **Natalia Darbinyan**, Head of Communications, Support of Healthcare National Project, Natsionalnye Prioritety ANPO
- **Saniyam Koval**, President, Charity Foundation Give Sunlight
- **Svetlana Nikolaeva**, Head of the Department of Organization of Medical Care for Women and Children, Health Committee of the Leningrad Region
- **Oleg Salagay**, Deputy Minister of Health of the Russian Federation
- **Alexander Semenov**, Deputy Director for Research, Republican Scientific and Practical Center of Medical Technologies, Informatization, Management and Economics of Public Health State Institution of the Ministry of Health of the Republic of Belarus

Front row participants:

- **Lyudmila Keshchyan**, Chief Physician, Naro-Fominsk Perinatal Centre
- **Olga Moroz**, Founder, Morozov

16:00–17:30

Tauride Palace
Hall 11

Healthy Life Forum

Orphan Diseases: Developing and Harmonizing Support Programmes in the CIS

There are more than 6,000 rare diseases in the world, 70% of which are hereditary or congenital. Russian legislation needs to be further developed and modernized with more regulation when it comes to addressing the situation with orphan diseases in the country. Improvements need to be made to the principles of interaction between the relevant ministries, regional health authorities, and various medical institutions, and a common strategy needs to be developed to ensure equal access to medical care for all patients with genetic diseases. There is currently a need to integrate a separate institutional mechanism for orphan diseases at the CIS level, which could change the fragmented approach to solving the problem and coordinate the community's overall efforts as regards the availability of medical supplies for all patients, the search for effective treatment, the development of screening diagnostic systems, and the provision of funding and information assistance to doctors and patients. What is the current assessment of the prospects for the availability of medical care for all patients with rare diseases today? What solutions could improve the system of care for patients with orphan diseases? What funding models could be applied in the current conditions, taking into account national and international experience? What solutions will help to develop and harmonize support programmes for patients with rare diseases in CIS countries?

Moderator:

- **Dmitry Ruzanov**, Director, Republican Scientific and Practical Center for Medical Technologies, Informatization, Management and Economics of Health (RSPC MT)

Panellists:

- **Dilorom Ahmedova**, Director, Republican Specialized Scientific Practice Medical Center of Pediatrics of Ministry of Health of Uzbekistan
- **Andrey Fisenko**, Director, National Medical Research Centre for Children's Health of the Ministry of Health of the Russian Federation
- **Alena Kuratova**, Founder, Head, Charity Fund "Children-Butterflies"; International Expert on Rare (Orphan) Diseases, Specialist in Healthcare Organization; Member, Russian Public Chamber
- **Sergey Kutsev**, Director, Research Centre for Medical Genetics; Chief External Expert in Medical Genetics of the Ministry of Health of the Russian Federation
- **Vitaliy Omelyanovskiy**, General Director, Center for Healthcare Quality Assessment and Control of the Ministry of Health of the Russian Federation
- **Saule Yerzhanova**, Director of the Drug Policy Department of the Ministry of Health of the Republic of Kazakhstan
- **Yuriy Zhulev**, President, Russian Hemophilia Society

Front row participant:

- **Irina Bakradze**, President, Podsolnukh Charitable Foundation

March 24, 2023

10:00–11:30

Tauride Palace
Reading Hall

Healthy Life Forum

Medical Science: On the Verge of Discoveries for a New Quality of Life

Biomedical science, with its long-standing unique potential, is closely intertwined with global trends in the development of new technologies and is the flagship of innovative developments that could take practical healthcare to an entirely new level. The most important trend is the establishment of a single ecosystem of medical science for practical research in creating new drugs, medical devices, and methods of prevention, diagnosis, and treatment of diseases and medical rehabilitation. To this end, it is crucial to create a comfortable unified scientific environment for to scientists and medical researchers in the CIS to share experience and implement joint projects. The current geopolitical situation has made these goals even more important, as self-sufficiency and technological independence are becoming key factors for the development of CIS countries. How should the state, universities, and industrial partners integrate so that the results of innovative scientific research in biomedicine are effectively transmitted into practical healthcare? What potential do Russia and CIS countries have to introduce new import-substituting technologies? How can we form a single platform and create comfortable conditions for scientists in medical sciences in the CIS?

Moderator:

- **Evelina Zakamskaya**, Chief Editor, Doctor TV Channel

Panellists:

- **Timur Akhmerov**, General Director, BARS Group
- **Vsevolod Belousov**, Director, "Federal Center of Brain Research and Neurotechnologies" of the Federal Medical Biological Agency
- **Musa Khaitov**, Director, Institute of Immunology
- **Darya Kryuchko**, Head of the Department of Translational Medicine and Innovative Technologies, Federal Medical and Biological Agency (FMBA of Russia)
- **Dmitry Kudlay**, Vice President for the Implementation of New Medical Technologies, Generium
- **Ayan Mysaev**, Deputy Director of the Department of Science and Human Resources of the Ministry of Health of the Republic of Kazakhstan
- **Tatyana Semenova**, Deputy Minister of Health of the Russian Federation

Front row participants:

- **Igor Korobko**, Head of Science and Innovative Development of Health Department, Ministry of Health of the Russian Federation
- **Alexander Zharkov**, Chairman, Health Committee of the Leningrad Region

10:00–11:30

Tauride Palace
Hall 1

Healthy Life Forum

Modern Approaches to Combatting Cardiovascular Diseases

Today, all CIS countries are deemed to have a high cardiovascular risk. Circulatory system diseases are among the leaders in morbidity and mortality, and cause significant direct and indirect economic losses. The historical similarities of the healthcare systems of CIS countries make it easy to exchange new organizational approaches to reducing mortality and enrich each other with best practices. What role does the WHO play in intercountry cooperation, and what is the role of the Russia's WHO collaborating centres in organizing cardiovascular care? What solutions can be used to combat training problems? What issues and decisions are most long overdue in the introduction of clinical guidelines? What examples of best practices are of most interest in terms of collaboration in implementing strategies to reduce mortality from circulatory diseases, identifying high-risk patients, and managing risk? What practices can be used in the CIS to integrate patient management punctures between Russia and the CIS countries, create joint educational programmes and standards, and implement common scientific projects?

Moderator:

- **Evgeny Shlyakhto**, General Director, Almazov National Medical Research Centre of the Ministry of Health of the Russian Federation

Panellists:

- **Badma Bashankaev**, Deputy of the State Duma of the Federal Assembly of the Russian Federation; Member of the State Duma Committee on Health Protection
- **Khurshid Fozilov**, Director, Republican Specialized Scientific and Practical Medical Center for Cardiology, Ministry of Health of the Republic of Uzbekistan
- **Nurlan Jainakbaev**, Rector, National Educational Institution "Kazakhstan-Russian Medical University"

- **Evgeny Kamkin**, Deputy Minister of Healthcare of the Russian Federation
- **Natalia Kostenko**, Head of the Department of Planning and Organization of Medical Care, Central Healthcare Directorate, Russian Railways
- **Natalia Mitkovskaya**, Director, State Institution "Republican Scientific and Practical Center "Cardiology" of the Ministry of Health of the Republic of Belarus
- **Talent Sooronbaev**, Director, National Center for Cardiology and Therapy (NCCT) named after Academician Mirsaid Mirrakhimov under the Ministry of Health of the Kyrgyz Republic

Front row participants:

- **Sergey Boytsov**, Director, State Budgetary Healthcare Institution "National Research Center for Preventive Medicine" of the Ministry of Health of the Russian Federation; Chief External Expert in Cardiology of the Ministry of Health of the Russian Federation
- **Oleg Ergashev**, Vice-Governor of Saint Petersburg
- **Alexander Gershtansky**, Minister of Health of the Arkhangelsk Region
- **Alexey Waldenberg**, Deputy Chairman, Health Committee of the Leningrad Region

10:00–11:30

Tauride Palace
Hall 9

Healthy Life Forum

How to Learn to Be Healthy: From Lifestyle to Healthy Technologies

A healthy lifestyle is nothing more than habits and actions that help strengthen your immunity, increase your physical strength, and eliminate factors that negatively affect your well-being and body as a whole. There is no clear definition of what a healthy lifestyle is yet because everyone has their own understanding of what a healthy lifestyle is. And this is surprising since the concept came into our everyday life more than 50 years ago. Back then, doctors began to note genetic predispositions to certain diseases and look for ways to prevent them by following certain rules. From a medical point of view, a healthy lifestyle is what allows people to preserve their health and reduce the risk of non-communicable diseases – primarily heart attacks and strokes. However, in addition to this, there is a clear link today between decreased reproductive ability and how healthy people's lifestyles are. Today, the World Health Organization defines health as a state of absolute mental, physical, and social well-being and not merely the absence of disease or infirmity.

Moderator:

- **Oleg Apolikhin**, Member of the Public Chamber of the Russian Federation; Chief Health Specialist of the Russian Federation for Male Reproductive Health; Director, Research Institute of Urology and Interventional Radiology named after N.A. Lopatkin, Corresponding Member of the Russian Academy of Sciences, Professor

Panellists:

- **Ruslan Dreval**, Director, Center for Social Economy
- **Tamara Gelashvili**, Endocrinologist, Andrologist, Specialist in Anti-Aging Medicine
- **Guzeliya Imaeva**, Chief Executive Officer, NAFI Research Centre
- **Ekaterina Kasperovich**, Business Development Director, Russian Mediagroup
- **Aleksandr Rozanov**, Director, Association of Medical Specialists on Risk Modification
- **Oleg Salagay**, Deputy Minister of Health of the Russian Federation
- **Aleksandra Ulich**, Chief Executive Officer, Kivach Clinic
- **Alexander Zhestkov**, Executive Director, Self-Regulatory Organization Union of Dietary Supplements Producers
- **Andrey Zhukov**, Co-founder, Pro Trener

Front row participants:

- **Sergey Babak**, Professor of the Department of Phthysiology and Pulmonology, Moscow State University of Medicine and Dentistry named after A.I.Evdakimov of the Ministry of Health of the Russian Federation
- **Kaarman Baydavletov**, Director, Jalal-Abad Regional Center for Family Medicine; Health Coordinator for Jalal-Abad Region
- **Abai Kusainov**, Chairman of the Board, Scientific Center of Pediatrics and Pediatric Surgery
- **Leonid Ogul**, First Deputy Chairman of the Health Protection Committee of the State Duma of the Federal Assembly of the Russian Federation
- **Tatyana Tyurina**, Deputy Chairman of the Legislative Assembly of the Leningrad Region

10:00–11:30

Tauride Palace
Hall 11

Healthy Life Forum

A Unified Approach to Interagency Cooperation in Health Protection

The healthcare and social protection system offers a wide range of services for citizens today. One of the current trends in modern society is to improve each individual's quality of life by expanding cooperation between the executive authorities and public organizations and charitable foundations. In

order to intensify cooperation, it is crucial to engage in a dialogue and align processes of interagency interaction, including charitable foundations and public organizations, into a unified approach to work on complex cases as full-fledged partners both at the federal and international levels. There are already numerous examples of successful joint projects among public associations, business, the state, and medical organizations, in particular when it comes to providing assistance to seriously ill children, which are solely based on the provision of timely information about what kind of help is needed and to what extent. What needs to be done to fully include public organizations, businesses, and charitable foundations in a system with a human focus to work on complex cases? What best practices of such interaction already exist in the Russian regions and what international experience is there in this regard? What benefits can the system obtain overall from the effective cooperation of public and charitable organizations with the executive authorities? What digital technologies could facilitate such interaction?

Moderator:

- **Tatyana Apatova**, Chief Executive Officer, Pravmir Charitable Foundation

Panellists:

- **Yuliya Borisova**, Executive Director, Charity Service for Medical Aid Search Right Direction ANO
- **Nikolay Emelyanov**, Deputy Chairman of the Government of the Leningrad Region for Social Affairs
- **Lyudmila Keshchyan**, Chief Physician, Naro-Fominsk Perinatal Centre
- **Yevgeny Nikonov**, Deputy Chairman of Khabarovsk Territory Government for Social Issues
- **Gennady Ponomarenko**, General Director, Federal Scientific Center of Rehabilitation of the Disabled named after G.A. Albrecht of the Ministry of Labour and Social Protection of the Russian Federation

Front row participants:

- **Ekaterina Kakorina**, Deputy Director for Science and International Relations, Moscow Regional Research Clinical Institute named after M. F. Vladimirovsky
- **Khalmurat Rashidov**, Deputy Director of the Department of Humanitarian Cooperation, General Political and Social Problems, Executive Committee of the Commonwealth of Independent States

12:00–12:30

Tauride Palace
Dumsky Hall

Healthy Life Forum

Greetings to the Forum Participants

Moderator:

- **Evelina Zakamskaya**, Chief Editor, Doctor TV Channel

Panellists:

- **Dauren Abayev**, Deputy Secretary General of the Commonwealth of Independent States
- **Alexander Drozdenko**, Governor of Leningrad Region
- **Oleg Ergashev**, Vice-Governor of Saint Petersburg
- **Galina Karelova**, Deputy Chairman, Federation Council of the Federal Assembly of the Russian Federation
- **Dmitriy Kobitskiy**, Secretary General of the Council of the Interparliamentary Assembly of the States Members of the Commonwealth of Independent States
- **Mikhail Murashko**, Minister of Health of the Russian Federation
- **Ekaterina Priezzheva**, Deputy Minister of Industry and Trade of the Russian Federation
- **Alexander Stuglev**, Chairman of the Board, Chief Executive Officer, The Roscongress Foundation
- **Melita Vujnovic**, Representative, World Health Organization Office in the Russian Federation

12:30–14:30

Tauride Palace
Dumsky Hall

Healthy Life Forum

Plenary session

Priorities of the Healthcare Systems of CIS Member States'

Global and regional challenges, both old and new, make it even more important to harmonize processes associated with developing healthcare systems and create additional mechanisms to intensify and diversify cooperation between CIS countries in key areas, such as modernizing primary healthcare, providing medical personnel for the healthcare system, enhancing the availability and quality of medical care, bolstering technological sovereignty in such strategically important areas as biotechnology and genetics, the digitalization of healthcare, the development of artificial intelligence, and the creation of vaccines and modern medicines. The plenary session will include a discussion of key issues to determine the different focuses of interaction between the CIS countries in these areas.

What are the main priorities today for CIS countries to develop and strengthen their healthcare systems? What barriers are hindering effective cooperation, and what mechanisms of collaboration need to be developed to harmonize key processes? What programmes need to be developed and what standards need to be introduced to build effective communication strategies, exchange experience, and introduce best practices?

Moderator:

- **Mikhail Murashko**, Minister of Health of the Russian Federation

Panellists:

- **Anahit Avanesyan**, Minister of Health of the Republic of Armenia
- **Gulnara Baatyrova**, Minister of Health of the Kyrgyz Republic
- **Azhar Giniyat**, Minister of Health of the Republic of Kazakhstan
- **Amrillo Inoyatov**, Minister of Health of the Republic of Uzbekistan
- **Dzmitry Pinevich**, Minister of Health of the Republic of Belarus

Front row participants:

- **Mirsad Djerlek**, State Secretary, Ministry of Health of the Republic of Serbia
- **Fazil Huseynbayov**, Head of Health Organization Department, Ministry of Health of the Republic of Azerbaijan
- **Ghafur Muhsin Mukhsinzade**, First Deputy Minister of Health and Social Protection of Population of the Republic of Tajikistan

15:15–16:45

Tauride Palace
Reading Hall

Healthy Life Forum

Drug Security: A Strategic Course for Cooperation

Providing patients with affordable high-quality drugs is one of the key priorities for developing the healthcare sector in all CIS countries and is a top priority for Russia. The Russian pharmaceutical and medical industries have demonstrated their resilience and readiness to promptly respond to global challenges, the ability to ensure the uninterrupted supply of strategically important drugs and medical devices, as well as remain independent of imports and competitive on foreign markets. Today, the Russian drug policy is focused on creating new drug supply strategies and developing long-term partnerships with CIS member states to preserve people's health and increase their life expectancy. What current challenges does the drug supply system face today? How can we promote the sustainability of drug supply and ensure the effective development of import substitution? What needs to be done to supply the market with more innovative medicines in the current conditions and actively license pharmaceutical production according to GMP standards?

Moderator:

- **Aleksandr Petrov**, Head of the Subcommittee on Circulation of Medicines, Development of the Pharmaceutical and Medical Industry, Committee of the State Duma of the Federal Assembly of the Russian Federation on Health Protection

Panellists:

- **Mavlyan Abdiev**, Deputy Director, Department of Medicines and Medical Devices under the Ministry of Health of the Kyrgyz Republic
- **Arayik Bagryan**, Director, Scientific Center for Expertise of Medicines and Medical Technologies named after Academician E. Gabrielyan, Ministry of Health of the Republic of Armenia
- **Sergey Glagolev**, Deputy Minister of Health of the Russian Federation
- **Dmitry Grinko**, Director, "Center for examinations and tests in health service" of the Republic of Belarus
- **Ghafur Muhsin Mukhsinzade**, First Deputy Minister of Health and Social Protection of Population of the Republic of Tajikistan
- **Vitaliy Omelyanovskiy**, General Director, Center for Healthcare Quality Assessment and Control of the Ministry of Health of the Russian Federation
- **Lyudmila Scherbakova**, Co-Founder, Chairman of the Board of Directors, Velpharm
- **Evgeniya Shapiro**, Director General, PSK Pharma
- **Saule Yerzhanova**, Director of the Drug Policy Department of the Ministry of Health of the Republic of Kazakhstan

Front row participants:

- **Vladislav Shestakov**, Director, State Institute of Drugs and Good Practices
- **Dmitry Sychev**, Rector, Russian Medical Academy of Continuous Professional Education of the Ministry of Health of the Russian Federation

15:15–16:45

Tauride Palace
Hall 1

Healthy Life Forum

Digital Transformation of the Healthcare System

The digital transformation of the healthcare system is a recent industry trend, and digital technologies have actively become part of the daily routine of each and every medical worker. The healthcare sector has become a leader in the introduction of artificial intelligence worldwide and the transition to a digital economy. It should be noted that an important task that the CIS ministries of health face is to create conditions that encourage the development and introduction of digital technologies, including artificial intelligence, into clinical practice. What technologies that have been developed in Russia and the CIS countries can be applied in the CIS? What have been the most successful practices in integrating various digital services and platforms that CIS countries can share with each other? What steps need to be taken to introduce technologies responsibly and effectively, reduce physicians' workload, and achieve the goals of the industry? How can we achieve a high level of digital maturity in the healthcare industry? What modern digital solutions and technologies have been developed and are being introduced in the CIS? What needs to be done to scale up and accelerate the digital transformation process?

Moderator:

- **Alexander Semenov**, Deputy Director for Research, Republican Scientific and Practical Center of Medical Technologies, Informatization, Management and Economics of Public Health State Institution of the Ministry of Health of the Republic of Belarus

Panellists:

- **Farhad Bekbulatov**, Director of eHealth Development Department, Ministry of Health of the Republic of Kazakhstan
- **Bakyt Dzhangaziev**, Deputy Minister of Health of the Kyrgyz Republic for Digital Development
- **Gahraman Hagverdiyev**, Director, Center for Public Health and Reforms of the Ministry of Health of the Republic of Azerbaijan
- **Dmitry Ruzanov**, Director, Republican Scientific and Practical Center for Medical Technologies, Informatization, Management and Economics of Health (RSPC MT)
- **Tigran Tigranyan**, Director of Digital Initiatives Directorate, Eurasian Development Bank
- **Vladimir Zelensky**, First Deputy Minister of Health of the Russian Federation
- **Sergey Zhdanov**, Managing Director, Director of the Health Industry Center, Sberbank

Front row participants:

- **Talant Arstankulov**, Director, Osh Interregional United Clinical Hospital
- **Eric Brovko**, Founder, My Health platform; Deputy Chairman, Commission on Informatization, Science and Innovations in Healthcare, Public Council of the Ministry of Health of the Russian Federation
- **Vladimir Ganchin**, Deputy Director for Digital Transformation, Russian Research Institute of Health

15:15–16:45

Tauride Palace
Hall 9

Healthy Life Forum

Innovations in Practical Healthcare

Developing advanced medical technologies and introducing innovative products that improve people's health and quality of life are crucial to the development of modern healthcare systems in CIS countries. Integrating innovation into every part of the healthcare system, from organizational models to technologies in specific areas of medicine, plays a key role in modernizing the industry. Scientists and developers are creating contemporary solutions to increase the availability and effectiveness of medical care, and state institutions are responsible for optimizing their introduction and protecting innovative solutions in practical healthcare. The CIS is actively accumulating experience, conducting scientific research and development related to innovative methods of treatment, creating new technologies to produce medicines and innovative medical devices, which makes the search for the most effective solutions related to the introduction and use of innovations in medicine even more important today, and training highly qualified specialists to put them to use. What are the priority needs for innovation today in the healthcare systems of CIS countries? What innovative solutions could provide a breakthrough in modern medicine? What barriers are standing in the way of innovation today, and how can we ensure the protection of innovations and accelerate their introduction in practice? How competitive are the innovative solutions of CIS countries in their own and foreign markets? How should specialists be trained in critical innovative medical technologies? Which best practices in the development and introduction of innovations can be applied in the CIS and implemented jointly by CIS countries?

Moderator:

- **Valentina Kosenko**, General Director, Scientific Center for Expertise of Medicinal Products of the Ministry of the Ministry of Health of the Russian Federation

Panellists:

- **Marharyta Dosina**, Head of the Science Department of the Ministry of Health of the Republic of Belarus
- **Sergey Gotye**, Director, National Medical Research Center for Transplantology and Artificial Organs named after Academician V.I. Shumakov; Chief Freelance Specialist Transplantologist of the Ministry of Health of the Russian Federation
- **Evgeny Kamkin**, Deputy Minister of Healthcare of the Russian Federation
- **Alexander Kolsanov**, Rector, Samara State Medical University
- **Sergey Krupkin**, Transfer center manager, Almazov National Medical Research Centre of the Ministry of Health of the Russian Federation
- **Alexey Leontiev**, Head of the Department of Radionuclide Diagnostics, P. Hertsen Moscow Oncology Research Institute – National Medical Research Radiological Centre of the Ministry of Health of the Russian Federation
- **Alexey Torgov**, Deputy General Director for Corporate Relations and Communications, BOKAD
- **Kamilla Zarubina**, Acting Vice President, Executive Director of the Cluster of Biological and Medical Technologies, Skolkovo Foundation
- **Oleg Zharebtsov**, General Director, Grotex