



HEALTHY
LIFE
FORUM
2026



INFORMATION
FOR PARTICIPANTS



HEALTHY
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2026



WELCOME TO THE **HEALTHY LIFE FORUM!**

 **16–17** March
2026



Lomonosov Cluster of the Vorobyovy Gory Innovative Scientific and Technological Centre of Moscow State University

[\(1, Ramensky Bulvar, Moscow, Russia\)](#)

Participants are kindly requested to arrive at the Forum venue 30–40 minutes before the start of an event. The Forum venue may only be accessed with an accreditation badge.

PCR testing and a vaccination certificate are not required for admission to the venue.

FORUM ORGANIZER

The Forum is being organized by the Roscongress Foundation's Healthy Life ecosystem.

CONTACT INFO

-  +7 (495) 221 0867
-  healthylife@roscongress.org
-  forumhealth.ru

ONLINE COMMUNITY

-  [Chatbot for Forum participants in MAX](#)
-  [Chatbot for Forum participants in Telegram](#)
-  [Healthy Life](#)
-  [Roscongress Direct](#)
-  [Roscongress Foundation](#)

ROSCONGRESS MOBILE APP

Search using the key word 'roscongress'



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ARRIVAL IN MOSCOW

ARRIVING BY PLANE

SHEREMETYEVO AIRPORT

+7 (495) 578 6565
svo.aero

DOMODEDOVO AIRPORT

+7 (495) 933 6666
dme.ru

VNUKOVO AIRPORT

+7 (495) 937 5555
vnukovo.ru

The journey time from any of the airports to the Forum venue is approximately 60 minutes by car (depending on the traffic).

To get from Sheremetyevo Airport or Domodedovo Airport to Moscow and back, you can use the Aeroexpress rail service:

Sheremetyevo
International Airport



Belorusskiy railway station
(Belorusskaya metro station)

 60 min.

Domodedovo
International Airport



Paveletsky railway station
(Paveletskaya metro station)

 50 min.

The Forum participants can get from Vnukovo Airport to the centre of Moscow by metro. Vnukovo Airport metro station is located on the territory of the airport.

 aeroexpress.ru

ARRIVING BY TRAIN

RUSSIAN RAILWAYS CALL CENTRE

 8 (800) 775 0000

 info@rzd.ru

 rzd.ru

HOTEL ACCOMMODATION

Participants of the Healthy Life Forum can use the hotel booking service in the '[Hotel Accommodation](#)' section of the event website.

Rates, minimum period of stay and cancellation policies are set directly by the hotels and cannot be altered.

To ensure comfortable accommodation, we recommend booking hotels in advance.

 +7 (495) 369 2011 (ext. 3016)

 booking@roscongress.org

FORUM VENUE

The Healthy Life Forum will take place on **16–17 March 2026** at the Lomonosov Cluster of the Vorobyovy Gory Innovative Scientific and Technological Centre of Moscow State University.

 [1, Ramensky Bulvar, Moscow](#)

The Lomonosov Cluster is an innovative science and technological centre established at Lomonosov Moscow State University. It is a collection of scientific and educational facilities, laboratories, work and congress and exhibition spaces, and other infrastructural elements.

The Lomonosov Cluster can be reached by car or public transport. The nearest metro stations are Ramenki, Universitet, and Lomonosovskiy Prospekt.

It is a 15–20-minute journey to the Lomonosov Cluster from the metro stations.

Detailed information on how to get to the venue is available on the event website in the '[Forum venue](#)' section.



ACCESS TO THE FORUM VENUE

PAYMENT FOR PARTICIPATION AND SERVICES

Government and non-profit organizations **can take part in the Forum free of charge, subject to approval by the organizers**. The number of places is limited.

Package Participant

RUB 60 000 (including VAT)

* The price indicated is for one person only.
No discounts are offered for participation in the Forum.

- Participation in all events of the Forum business programme on 16–17 March (except for the events by special invitation).
- Access to networking areas at the event venue (excluding locations for invitation-only events).
- Information support.

MAKING THE PAYMENT

Before making a payment, please make sure that:

1. Your application is approved by the Organizing Committee.
2. You have received an invitation to the Forum.
3. You have confirmed your participation in the Forum in [Roscongress personal account](#).
4. You are approved for paid participation in the Forum.

The payment date will be considered **to be the day on which the amount due is credited to the account of the Roscongress Foundation. Please note that** payment of the participation fee on time and in full is a prerequisite to receiving a participation badge and gaining access to the Forum venue.

The participation fee may only be paid by the individual or legal entity indicated as the Customer in the invoice agreement. If payment is received from a different payer, such payment will be treated as erroneously transferred.

Should you have any questions regarding payment, you can get in touch with your Roscongress Foundation specialist. The contact information can be found in the [Roscongress personal account](#) or by contacting the Forum information centre by phone at +7 (495) 221 0867.

Learn more about paying the participation fee and generating a payment document:

 [‘Participation fee payment’](#) section of the Forum website.

HOW TO GET TO THE FORUM VENUE?

- | | |
|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01. | Receive a badge.
Collect your accreditation badge in advance at Roscongress Foundation Accreditation Centre at the World Trade Centre Moscow or at the Lomonosov Cluster. |
| 02. | Leave items prohibited at the venue at your accommodations.
Please carefully review the list of items prohibited on the event venue and pay attention to any exceptions. The list of items will be available at the Forum website closer to the event. |
| 03. | Don't forget your passport.
You must present your passport at the checkpoints and keep it with you while you are at the Forum venue. |

BADGE COLLECTION

To access the Forum venue, you need to collect an accreditation badge. We do recommend to **receive your badge in advance**.

It is required for participants to have on hand their badge and identity document (passport) at all times while at the Forum venue.

The badge is personalized and may not be transferred to third parties.

If your badge is lost or damaged, you should contact any accreditation desk or Help Desk.

Data processing takes from 1 day.

WHAT DO I NEED TO DO TO PICK UP MY BADGE?

In the [Roscongress personal account](#), you should

- 1. Confirm participation in the Forum after receiving the invitation**
- 2. Enter your personal information in full**
in accordance with your passport
- 3. Pay the participation fee**

If changes have been made to your identity document (passport) after you completed the application to participate in the Forum, the data in your [Roscongress personal account](#) must be edited.

In the [Roscongress personal account](#), you should grant consent **to the use of a simple electronic signature (SES)**.



When issuing the badge, the accreditation operator checks the data specified in the [Roscongress personal account](#) to ensure it matches the information in your identity document. If the data does not match, the badge cannot be issued on the day you applied for it.

Please check your personal data in the [Roscongress personal account](#) before obtaining the badge.

HOW TO FIND OUT IF MY BADGE IS READY?

There are several ways to find out or be notified when a participant badge is ready:

- an email notification;
- a notification in the [Roscongress personal account](#);
- a call to the Forum information centre: +7 (495) 221 0867;
- a call to a Roscongress Foundation specialist whose contacts are listed in the [Roscongress personal account](#).

HOW TO RECEIVE THE BADGE IN PERSON?

Participant accreditation badges may be collected in person **by presenting a passport** (the identity document) that is listed in the [Roscongress personal account](#).

HOW TO RECEIVE THE BADGE BY PROXY?

To pick up a badge for another participant by proxy, the authorized individual must present:

- authorized person's passport;
- an original standard power of attorney;
- list of participants (attached to the power of attorney);
- Copies of participants' passports (will be returned after badges are issued).

A power of attorney form can be downloaded from the '[Access to the venue](#)' section of the Forum website.

WHERE AND WHEN DO I PICK UP MY BADGE?

We kindly ask that you collect your accreditation badge **in advance** at the accreditation point in Moscow.

LOCATION	DATE	OPERATING HOURS
Roscongress Foundation Accreditation Centre at the World Trade Center Moscow (12, Krasnopresnenskaya Naberezhnaya, entrance No. 7, 1st floor)	13 March	10:00–20:00
Lomonosov Cluster, 1st floor (1, Ramensky Bulvar)	15 March 16 March 17 March	10:00–22:00 07:30–19:00 07:30–17:00

BUSINESS PROGRAMME

The Healthy Life Forum is a flagship event in the field of healthcare and the central event in the Healthy Life ecosystem. Every year, it brings together top industry leaders to find effective solutions that promote innovative development in medicine and pharmaceuticals, ultimately improving quality of life and extending life expectancy.

The Forum's business programme addresses some of the key challenges of modern society and includes **more than 20 thematic sessions across three business programme tracks:**

- People and the Environment
- Early Risk Medicine and Rehabilitation
- Health-Preserving Innovations and Technologies

The official programme of the Forum will feature a discussion on such key healthcare issues as:

- Building a healthy society
- Healthy longevity
- Innovations in pharmacology
- A healthy environment
- Rehabilitation
- An integrated approach to cooperation for human health and well-being
- Healthy lifestyle trends that are shaping our future, as well as other key topics

[VIEW THE FULL PROGRAMME](#)



LINGUISTIC SUPPORT

Simultaneous interpreting into Russian and English is available at all business programme venues.

Receivers to hear the simultaneous interpreting are provided at the entrance to the event hall or are located in the pockets of the seats in front of you.

EXHIBITION

The Forum exhibition will open a window onto the future of medicine with modern technologies ranging from AI services and smart health monitoring devices to equipment for rehabilitation and physiotherapy. Visitors will be introduced to the latest in remote patient monitoring solutions, body condition scoring systems, neuromodulation technologies, and recovery capsules.

Part of the exhibition will be dedicated to the personalized biomedical technologies, innovative diagnostic and treatment methods, and preventive medical solutions being developed at Russia's leading scientific and medical centres to improve access to advanced care.

DINING AT THE FORUM VENUE

A **free coffee break area** will be available for Forum participants.

You can also purchase **food** and **other products at outlets** at partner stands.

There will also be a water station (opposite the entrance to the Magnit on the 1st floor).

COFFEE BREAK AREA

 Lomonosov Cluster, 2nd floor

 Based on the business programme schedule

Meals: Hot and cold drinks and light snacks

FOOD OUTLETS

 Lomonosov Cluster, 1st floor

Name	Hours	Catering format
Alma Restaurant	08:00–22:00	Menu food (payment required)
Café	08:00–20:00	Menu food (payment required)
Magnit	08:00–21:00	Grocery store

PARTNER PRODUCTS

 Lomonosov Cluster, 1st floor

Products at partner stands are provided free of charge.

Name	Hours	Catering format
Logika Moloka	09:00–18:00	Milk bar
BRandICE	09:00–18:00	Ice cream
Econad	09:00–18:00	Cocktail lab

SERVICES FOR PARTICIPATION

HOLDING PRESS EVENTS

 Lomonosov Cluster, 2nd floor

Press point / signing ceremony point are available at the Forum venue for press events and photography. The press points are designed in the corporate style and equipped with a sound amplification system.

BROADCASTS OF FORUM EVENTS

A live broadcast of the business programme events will be available:

- In the '[Business programme](#)' section of the official Forum website;
- On the [Roscongress Foundation website](#);
- In the Roscongress mobile app.

A broadcast archive following the event will be available on the Forum website and on the Roscongress Foundation website.

ROSCONGRESS PHOTO BANK

The Roscongress Foundation provides photography for all events at the Healthy Life Forum. Photographs are published at the Roscongress photo bank in real time. Images can be displayed by event and date to facilitate browsing.

The photographs are available for viewing and free download in high resolution, and may be freely used, provided a reference to the Roscongress Foundation is included.

 photo.roscongress.org

ROSCONGRESS.ORG INFORMATION AND ANALYTICAL SYSTEM

The Roscongress Information and Analytical System is a unique Roscongress Foundation knowledge base. The Roscongress IAS provides quick and easy access to all resources related to major business events in Russia that are organized by the Roscongress Foundation.

Features of the interactive knowledge base:

- descriptions of **9,500+** sessions across more than **290** topics covering global and national development;
- talks, interviews, and insights from more than **30,000** speakers and experts;
- research studies, articles, analytical digests, and expert reviews.

Forum participants and all visitors to the ROSCONGRESS.ORG website have a range of services at their disposal:

- **Summary:** analytical summaries of key discussions, including overviews of conclusions, objectives, and solutions.
- **Analytical digests:** a selection of analytical materials dedicated to important comprehensive studies on the business agenda of the forums.
- **Video broadcasts of business programme events** and the broadcast archive. Broadcasts are available in the 'Business programme' section of the event website.
- **Search video broadcasts:** a feature enabling the user to search for information of interest within videos of events.
- [Official business directory of the portal.](#)

- **The Roscongress Blog:** interviews with famous people from the world of culture, sport and science, fascinating stories about the cities and regions in which events are held, and articles about the lifestyles of businesspeople.

Participants of the Healthy Life Forum are able to use unique services and appreciate the advantages of the ROSCONGRESS.ORG Information and Analytical System in their mobile phones, tablets and computers.

 roscongress.org

SPECIAL STATUS FOR ROSCONGRESS FOUNDATION EVENT PARTICIPANTS

Companies with **Special Status** are included in the ROSCONGRESS.ORG Information and Analytical System's business catalogue (Companies section).

Strengthen your company's brand and unlock its potential by joining an authoritative portal's ecosystem.

Benefits of being published in the Companies section:

- the creation of a separate company webpage in the ROSCONGRESS.ORG business catalogue;
- information published about the company, including activities, history, and areas of expertise;
- the ability to publish analytical materials and expert commentaries*;
- the ability to take advantage of the Roscongress Foundation's marketing capabilities;
- strengthen participants' online presence;
- raise brand awareness and visibility of the company's senior executives and experts;
- have your company associated with the country's biggest events.

* Materials must not contain information aimed at either promoting the company or its goods and services for advertising purposes.

Take a leadership approach to progress and advancement!

Take advantage of the resources offered on ROSCONGRESS.ORG. Benefit from a wealth of expert information and share experience on analytics and artificial intelligence. Get your expertise, experience, ideas and innovations noticed by the Roscongress Foundation website's target audience.

For more detailed information, see: roscongress.org/about/vip-status

Advert. ROSCONGRESS FOUNDATION, TIN: 7706412930

 roscongress.org

SME COOPERATION

NEW OPPORTUNITIES FOR BUSINESS DEVELOPMENT

The **SME Cooperation Platform** is a project implemented by the Roscongress Foundation to support small and medium-sized enterprises. The platform brings together Russian and foreign companies to develop business and industrial cooperation, attract investment, and facilitate technology exchange.

On a single platform, you can:

- Look for clients – offer your products, services, or technologies;
- Find suppliers – order the goods and services you need to run your business;
- Work with property rights – discuss business and property transactions.

The service is free and available to all users of the [Roscongress personal account](#).

BENEFITS OF THE SERVICE

Convenient format	Foreign business contacts
Speed of getting into direct contact with decision-makers	Attract new partners and investors
Product search	Quick access to requests from companies

HOW TO BECOME A MEMBER OF THE SERVICE AND OBTAIN THE MAXIMUM BENEFITS

1. Fill in a participant card for your company in your [Roscongress personal account](#) (SME Cooperation tab), including the following:
 - General information about your company;
 - Information about your company's goods, services, and projects;
 - Information about demand for the company's goods, services, and suppliers, willingness to enter new markets, and more.

The more detailed the description, the higher the likelihood of finding customers, suppliers, new distribution channels, offering your services, expanding your business, and strengthening your position in the market.

2. Once you have filled in the information about your company, you will be able to view the profiles of other companies in the SME networking platform section.
3. Use the sorting function in the SME networking platform section to quickly find the products, services, and partners you are interested in. Exchange contact details with potential partners and start communicating with decision-makers. Schedule meetings at Foundation's event venues and discuss the details of cooperation in comfortable business lounges.

 ['SME Cooperation'](#) section on the Forum website

ROSCONGRESS MOBILE APP

The **Roscongress mobile app** is an information, communication, and service platform for participants of all events organized by the Foundation.

New sections and services will appear in the mobile app as the Forum approaches.

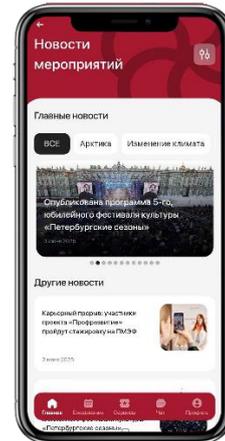
WHY SHOULD I DOWNLOAD THE APP?

SERVICES FOR ORGANIZING YOUR PARTICIPATION

- Readiness status of the badge
- Information brochure for participants
- Chatbot
- Forum venue map

FULL ACCESS TO THE PROGRAMME

- Session schedules
- Personal schedule of events, meetings, and occasions
- Live broadcasts



LATESTS NEWS AND SERVICES

- Information about all Roscongress Foundation events, latest news and analytics
- Push notifications about key events and services
- Photos with participants of Roscongress Foundation events

CONVENIENT NETWORKING

- Ability to exchange contacts with other participants
- Arranging business meetings
- Private chat features, enabling you to communicate with other Forum participants



The mobile app is available for downloading in the [App Store](#) and [Google Play](#) (search term: 'roscongress').

All the app's functions and features are fully available after entering the [Roscongress personal account](#) login and password.

ARRANGING BUSINESS MEETINGS

Participants of the Healthy Life Forum can use the 'Day planner' and 'Business Matchmaking' sections of the **Roscongress mobile app** or in the [Roscongress personal account](#) to plan and arrange business meetings. If you wish to schedule a meeting, you need to create an event by selecting the 'Meeting' type, then add a new event, specify the type of event, select the time and location. Add invitees from the list of Forum participants.

Only participants who consented to their information being displayed will be visible. Consent is provided at the registration stage.

Scheduled meetings can be held both at the Forum venue, or elsewhere. Go to the 'Notification Centre' section or 'Business Matchmaking' section to view invitations from other participants.

A **business networking area** will be organized for Forum participants (Lomonosov Cluster, 2nd floor).

REMINDER

Select the event type 'Reminder' to set up a reminder in the 'Day planner' section on the mobile application when creating an event.



SERVICES AT THE FORUM VENUE

INFORMATION AND SERVICES POINT

 Lomonosov Cluster, 1st floor

 16–17 March

At information and services point, participants can obtain information on the Forum programme, available services, and directions around the Forum venue and other sites. The information and services point at the Forum venue offer the following services:

- copying and printing of documents
- copying and recording information to electronic media
- mobile device charging
- business trip registration
- lost & found

LOST & FOUND

You can find out about things lost and found at the Forum venue at the information and services point (Lomonosov Cluster, 1st floor).

CLOAKROOM

Cloakrooms are located at the following locations on the Forum site:

 Lomonosov Cluster, 1st floor next to the main entrance

 Lomonosov Cluster, 1st floor next to the conference hall 3

LUGGAGE ROOM

 Lomonosov Cluster, 1st floor on the left side of the main entrance.

FIRST AID

Ambulances will be stationed at the Forum venue for the duration of the event.

GENERAL INFORMATION

CURRENCY AND BANK CARD TRANSACTIONS

CURRENCY EXCHANGE

Please pay attention to the features of currency and bank card transactions.

- The US dollar, euro, chinese yuan, United Arab Emirates dirham, turkish lira, and other currencies can be freely exchanged for rubles. About 18 currencies can be exchanged in Sberbank's offices. The exchange rate and addresses can be found [here](#).
- For currency exchange operations you must present an identity document.
- **Visa or Mastercard cards issued outside of Russia CANNOT be used to exchange foreign currency for Russian roubles.** Nor can these cards be used to withdraw Russian roubles.

Current information on exchange rates can be obtained on the website of the Central Bank of Russia: cbr.ru.

BANK CARDS

Given the existing restrictions on the use of foreign bank cards in Russia, **we recommend that you carry sufficient cash** for the entire duration of your stay at the Forum.

Mir payment system cards with any currency work without restriction in Russia. Participants are advised to obtain a card or bring an existing card with them.

WEATHER IN MOSCOW

Changeable weather is expected during the Forum in Moscow.

The average air temperature in Moscow in mid-March will be +7 °C. At night, the air temperature may drop to -2 °C.

EMERGENCY SERVICES

Rescue service (for mobile phone users): **112**

Fire brigade: **101** (for mobile phone users), **01**

Police: **102** (for mobile phone users), **02**

Ambulance: **103** (from mobile phones), **03**

Moscow Information Bureau: **+7 (495) 777 7777**

EMERGENCY PROCEDURES

The Forum venue is furnished with modern safety equipment, including video surveillance and fire extinguishing systems.

In case of evacuation announcement, participants should:

- keep calm and follow instructions of the Forum staff, the police and other persons responsible for maintaining public order and fire safety as well as the voice alarm instructions;
- not interfere with rescue personnel, police and transport operations;
- leave the venue according to the evacuation plans and follow the exit signs;
- give way to vehicles with sound and light signalling devices.

We ask you to immediately report smoke, fire or any suspicious objects by dialling 112 on your mobile device and notify the Forum staff.

This information is current as of 13 March 2026. The latest information about the event can be found on the official Forum website forumhealth.ru.

 **РОСКОНГРЕСС**
Пространство здоровья

 **МИНИСТЕРСТВО
ЗДРАВООХРАНЕНИЯ
РОССИЙСКОЙ ФЕДЕРАЦИИ**

ИНТЕЛЛЕКТУАЛЬНЫЙ
ПАРТНЕР



ЦНИИСИ

ПАРТНЕР
ПО МЕДИЦИНСКОЙ НАУКЕ



ФМБА РОССИИ

ОФИЦИАЛЬНЫЙ ПАРТНЕР
ФОНДА «РК-МЕДИЦИНА»



МАГНИТ

ПАРТНЕРЫ ФОНДА «РК-МЕДИЦИНА»
ПО ДЕЛОВОЙ ПРОГРАММЕ



ЛОГИКА МОЛОКА



ПРОМОМед
Инновации и биофармацевтика

ПАРТНЕР ФОНДА
«РК-МЕДИЦИНА»



OZON

ПАРТНЕРЫ
ПО ДЕЛОВОЙ ПРОГРАММЕ



МедТех. Москва



Создано Москвоскими
врачами



ржд-медицина



СКОПИНФАРМ



Swixx Healthcare



Logo



СБЕР



Петровакс

ПАРТНЕРЫ

ПАРТНЕРЫ
ВЫСТАВКИ



YAMAHA



Logo



PLIÉ



PULSE
DEVICE



ENVI MED



PrivateNap



NexTouch



МАГНИТ



REX



ЭКОНАД



ICE



MAER



RIGHT
OUTDOOR
MEDIA



NOVIKOV TV

ТЕХНОЛОГИЧЕСКИЙ
ПАРТНЕР

ОФИЦИАЛЬНЫЕ
ПОСТАВЩИКИ

КОММУНИКАЦИОННЫЙ
ПАРТНЕР

ПАРТНЕР
ПО ВОЛОПЕРСКОЙ ПРОГРАММЕ

МУЛЬТИМЕДИЙНЫЙ
ПАРТНЕР