



2ND FORUM
'WOMEN
FOR A HEALTHY
SOCIETY'

4 March 2025



Healthy
Life

5 March 2025



INFORMATION FOR PARTICIPANTS





2ND FORUM
'WOMEN
FOR A HEALTHY
SOCIETY'



ROSCONGRESS
Building Health

WELCOME TO THE FORUM!



4-5

March
2025



Digital Business Space
([47, Ulitsa Pokrovka, Moscow](#))

2nd Women for a Healthy Society Forum will be held on **4 March**.

Healthy Life Project expert sessions for the professional healthcare community will be held on **5 March**.

Participants are kindly requested to arrive at the Forum venue 30–40 minutes before the start of an event. The events may only be accessed with an accreditation badge.

There is no PCR test for COVID-19 or document confirming vaccination required to access the venue.

FORUM ORGANIZER

The 2nd Women for a Healthy Society Forum is being organized by the Russian Federation Council and the Roscongress Foundation. The organizer of the Healthy Life Project expert sessions is the Roscongress Foundation.

CONTACTS



+7 (495) 777 1006



healthylife@roscongress.org



forumhealth.ru



womenforhealth.ru



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ARRIVAL IN MOSCOW

BY AIR

SHEREMETYEVO AIRPORT

+7 (495) 578 6565
svo.aero

DOMODEDOVO AIRPORT

+7 (495) 933 6666
dme.ru

VNUKOVO AIRPORT

+7 (495) 937 5555
vnukovo.ru

The journey time from any of the airports to the Forum venue is approximately 60 minutes by car (depending on the traffic).

To get from Sheremetyevo Airport or Domodedovo Airport to Moscow and back, you can use the Aeroexpress rail service:

Sheremetyevo
International Airport



Belorussky railway station
(Belorusskaya metro station)

 60 min.

Domodedovo
International Airport



Paveletsky railway station
(Paveletskaya metro station)


 50 min.

The Forum participants can get from Vnukovo Airport to the centre of Moscow by metro. Vnukovo Airport metro station is located on the territory of the airport.

 aeroexpress.ru

ARRIVAL BY RAIL

RUSSIAN RAILWAYS CALL CENTRE

 8 (800) 775 0000

 info@rzd.ru


 eng.rzd.ru

HOTEL ACCOMMODATION

The participants can book rooms at the **Mamaison All-Suites Spa Hotel Pokrovka** ([40, Ulitsa Pokrovka, building 2](#)) at special rates.

To book a room at the special rates offered for Forum participants, please send a request directly to your selected hotel with the promo code WOW or use the booking instructions on the [hotel's website](#).

If you have any questions, please contact the Reservation Department of Congress-Attache:

 +7 (812) 928 2129

 info@congressattache.com

Detailed information about booking:

 Section '[Hotels](#)' on the event website.

EVENT VENUE

The 2nd Women for a Healthy Society Forum and Healthy Life Project expert sessions will be held on **4–5 March 2025** at the Digital Business Space.

 [47, Ulitsa Pokrovka, Moscow](#)

The venue is located on the Garden Ring in the historical centre of Moscow. You can get the Digital Business Space by car or by public transport. The nearest metro stations are: 'Kurskaya', 'Krasnye Vorota', and 'Chistye Prudy'. The walk from the metro stations takes 10 minutes.

ACCESS TO THE EVENT VENUE

PAYMENT FOR PARTICIPATION AND SERVICES

Please note that participation in the 2nd Women for a Healthy Society Forum on 4 March 2025 is **free of charge** upon agreement by the organizers.

Government and non-profit organizations **may take part in the events on 4–5 March 2025 free of charge upon the approval of the organizers**. The number of seats is limited.

Package **EVENT PARTICIPANT**

RUB 35,000

* The price indicated is for one person only. No discounts are offered for participation in the Forum.

MAKING THE PAYMENT

Before making a payment, please make sure that:

1. The Organizing Committee has approved your application for participation.
2. You have received an invitation.
3. You have confirmed your participation in the Forum in [Roscongress personal account](#).
4. You are approved for paid participation in the Forum.

The payment date will be considered **to be the day on which the amount due is credited to the account of the Roscongress Foundation**. Please note that **payment of the participation fee on time and in full is a prerequisite** to receiving a participation badge and gaining access to the Forum venue.

The participation fee may only be paid by the individual or legal entity indicated as the Customer in the invoice agreement.

Should you have any questions regarding payment, you can get in touch with your Roscongress Foundation specialist. The contact information can be found in the [Roscongress personal account](#) or by contacting the Forum information centre by phone at +7 (495) 777 1006.

CREATING A PAYMENT DOCUMENT

You can proceed to payment if the Organizing Committee has approved your application for participation, you have received your invitation to the events and confirm participation in the Forum via the [Roscongress personal account](#).

1. Enter the payer's information via the [Roscongress personal account](#) (make sure you enter the information of the individual or legal entity making the payment). *Changes to payer's information can only be made by your Roscongress Foundation specialist. The contact information can be found in the [Roscongress personal account](#) or by contacting the Forum information centre by phone at +7 (495) 640 9291.*

2. Select the payment method:

- for residents of the Russian Federation: invoice in roubles or bank card for residents
- for non-residents of the Russian Federation: invoice in roubles/US dollars/euros or bank card

3. Select the type of payment document: invoice agreement. To pay by invoice agreement, you should:

- save your invoice agreement to make the payment
- pay the participation fee

Acceptable payment forms include Visa, Mastercard, American Express, UnionPay, and MIR payment system cards issued by Russian banks and UnionPay payment system cards issued by foreign banks.

For detailed information on types of documents and payment option, see:

 ['Participation fee payment'](#) section of the Forum website

ACCREDITATION BADGE

To access the 2nd Women for a Healthy Society Forum and Healthy Life Project expert sessions venue, you need an accreditation badge. We do recommend to receive your badge **in advance**.

You must carry your badge and identity document (passport) with you at all times when at the Forum venue. The badge is personalized and may not be transferred to third parties.

If your badge is lost or damaged, you should contact any accreditation desk or Help Desk. Individuals ages 5 to 15 can enter the venue by presenting an accreditation badge and only when accompanied by an accredited adult. **Children under 5 years old will not be issued accreditation documents** and may not enter the venue.

WHAT DO I NEED TO DO TO PICK UP MY BADGE?

In the 'My events – Women for a Healthy Society Forum and Healthy Life project – Event dashboard' section of the [Roscongress personal account](#) you should:

1. **Confirm participation in the event**
2. **Enter your personal information in full in accordance with your passport**
3. **Pay the participation fee**

Data processing takes from 1 day.

If changes have been made to your identity document (passport) after you completed the application to participate in the event, the data in your [Roscongress personal account](#) must be edited (tab 'My events – Women for a Healthy Society Forum and Healthy Life project – Event dashboard – Personal information – Edit data').

To make changes to any fields that are blocked for editing, please contact the specialist that you spoke with when registering for the Forum.



When issuing the badge, the accreditation operator checks the data specified in the [Roscongress personal account](#) to ensure it matches the information in your identity document. If the data does not match, the badge cannot be issued on the day you applied for it.

Please check your personal data in the Roscongress personal account before obtaining the badge.

HOW TO FIND OUT IF MY BADGE IS READY?

There are several ways to find out or be notified when a participant badge is ready:

- An email notification
- A notification in the [Roscongress personal account](#)
- A call to the Forum information centre by number +7 (495) 777 1006
- A call to a Roscongress Foundation specialist whose contacts are listed in the [Roscongress personal account](#) (on the right of the photo)

HOW DO I PICK UP MY BADGE?

When issuing the badge, the accreditation operator checks the data specified in the application to ensure it matches the information in your identity document. **If the data does not match, the badge cannot be issued on the day you applied for it.**

Participant accreditation badges may be collected in person by presenting the identity document that is listed in the [Roscongress personal account](#)

HOW CAN I PICK UP MY BADGE BY PROXY?

To pick up a badge for another participant by proxy, the authorized individual must present:

- Passport;
- List of participants;
- Copies of the passports of all participants to be accredited;
- Originals of personal data consent forms.

A power of attorney form and a personal data consent form can be downloaded from the '[Badge collection](#)' section of the Forum website.

WHERE AND WHEN DO I PICK UP MY BADGE?

We kindly ask that you collect your accreditation badge **in advance** at the accreditation point in Moscow.

LOCATION	DATE	OPERATING HOURS
Accreditation centre at Mamaison All-Suites Spa Hotel Pokrovka (40, Ulitsa Pokrovka, building 2)	3 March	10:00–22:00
	4 March	08:00–19:00
	5 March	08:00–17:00

BUSINESS PROGRAMME

The Forum will bring together women from all kinds of different professional backgrounds on a single platform in an effort to educate people about new national projects and initiatives in healthcare and social policy, as well as industry professionals who are interested in health protection issues.

On **4 March**, as part of the programme of the 2nd Women for a Healthy Society Forum, a discussion will be held on the following key issues in matters concerning health protection:

- Artificial Intelligence Serving People's Health
- Innovations for Health Preservation
- National Projects for a Healthy, Long, and Active Life: New Opportunities You Need to Know About
- The Path to a Healthy Society: Projects That Unite People
- Lifestyle Medicine: Modern Approaches and Practices
- Corporate Programmes: Secrets of Cognitive Health and Working Longevity
- New Solutions for Health Territories
- A Healthy Environment for Everyone: Federal Projects and Regional Solutions

On **5 March**, expert discussions will be held for the Forum's professional audience as part of the Healthy Life project, during which industry specialists will discuss modern trends in health protection, as well as how to extend the population's active years and improve people's quality of life:

- The Health of the Nation Through Innovation: Cooperation Between Technology Business, Science, and the Government
- Ensuring Drug Security: A Strategic Priority for the State and Business in the Public's Interests
- Modern Technologies in the Medicine of the Future: CAR-T Cell Therapy
- Psychological Support for Families: Best Practices
- Socially Significant Diseases: A Challenge for the Health of the Nation
- Availability of Food Innovations: How Is the Functional Food Market Growing?
- Anyone Can Provide Help by Donating Blood
- The Digital Era of Medicine: Smart Services and the Introduction of Artificial Intelligence
- Strategic session 'Breakthrough Healthcare Solutions Saving Lives'

[VIEW DETAILED BUSINESS PROGRAMME](#)

LINGUISTIC SUPPORT

Russian–English simultaneous interpreting will be provided in the Small Hall of the Digital Business Space for the business programme events on 4–5 March.

EXHIBITION

The 2nd Women for a Healthy Society Forum and Healthy Life Project expert sessions will include the event partners' business presentations and their exhibition stands.

Digital Business Space, 1st floor

- Istok Lab
- Smart Life
- Econad
- Baskin Robbins

Digital Business Space, 2nd floor

- X5 Group
- Exhibition dedicated to the women of the Great Patriotic War
- Touch panel of the Women for a Healthy Society project
- Stand of the Women for a Healthy Society project

ABOUT THE EXHIBITION STANDS

EXHIBITION DEDICATED TO THE WOMEN OF THE GREAT PATRIOTIC WAR

The exhibition will acquaint participants with the powerful wartime resilience and selflessness of women doctors, nurses, and orderlies and tell the tales of their exploits with the help of rare photographs, documents, and personal belongings alongside medical exhibits dating back to the time of the war and including a headscarf, medical bag and instruments, first aid packs, and surgical sutures.

STAND OF THE WOMEN FOR A HEALTHY SOCIETY PROJECT

The Women for a Healthy Society project will have a stand on the Forum sidelines where visitors can take a test on an interactive touch panel, verify their knowledge, and learn more about how to live a healthy lifestyle.

ABOUT THE PARTNERS

X5 Group

Everything you need for balanced nutrition under the Group's 'Green Line' and 'Delicious & Nutritious' trademarks.

Istok Lab

The place where Russia's natural environment meets technology to create powerful products for active longevity.

Smart Life

A leader in the production of the futuristic liposomal supplements with an absorption rate of up to 93%. Smart Life has its own production facilities and scientific laboratory in Russia and its own liposomal technology patent.

Econad

The only healthy lightly carbonated soft drink on the Russian market from whey and a special blend of natural herbs. Refreshing and moderately sweet with an intense, crisp flavour, Econad is your sugar free daily energy boost of good health.

DINING AT THE VENUE

The Forum venue will have a coffee break area with free service for Forum participants.

COFFEE BREAK AREA

 Digital Business Space, 1st and 2nd floors

 4–5 March, 09:00–17:00


Catering format: hot and cold drinks, light snacks

CAFES AND RESTAURANTS

There are also cafes and restaurants near the event venue where you can purchase your own meals. Below is a list of the closest restaurants and cafes to the Digital Business Space:

DIGIT COFFEE SHOP

 Digital Business Space, [47, Ulitsa Pokrovka](#)

 09:00–17:00

Cuisine: coffee, snacks, and desserts.

OJAKHURI RESTAURANT


 [22, Ulitsa Sadovaya–Chernogryazskaya, building 1](#)

 12:00–00:00

Cuisine: Georgian. The menu includes soups, salads, hot dishes, and baked goods.

KRYM WINE BAR


 [44, Pokrovka Street](#)

 12:00–23:00

The menu includes salads, hot dishes, soups, and snacks.

BEIRUT CAFE


 [22, Ulitsa Mashkova](#)

 12:00–23:00

Cuisine: Lebanese. The menu includes salads, hot dishes, soups, and cold and hot appetizers.

MEAT&MORE RESTAURANT


 Mamaison All-Suites Spa Hotel Pokrovka, [40, Ulitsa Pokrovka, building 2](#)

 24h

Cuisine: Russian and European. The menu includes grilled meat, hot dishes, salads, and appetizers.

MEGRULI CAFÉ

 [48, Ulitsa Pokrovka, building 1](#)

 11:00–23:00

Cuisine: Georgian. The menu includes soups, salads, hot dishes, and baked goods.

SERVICES FOR PARTICIPANTS

BROADCASTS OF FORUM EVENTS

A live broadcast of the Women for a Healthy Society plenary session and other business programme events will be available:

- in the [‘Programme’](#) section of the Forum website;
- on the [Roscongress Foundation website](#).

On 4–5 March a live broadcast of the plenary session will be available at the Forum venue: in Russian in the hall 1 and Small hall, and in English in the hall 2.

A broadcast archive following the event will be available on the Roscongress Foundation website.

HOLDING PRESS EVENTS

 Digital Business Space, 2nd floor

Press point / signing ceremony point are available at the Forum venue for press events and photography. The press-points are designed in the corporate style and equipped with a sound amplification system.

INFORMATION AND SERVICES POINT

 Digital Business Space, 1st floor

At information and services point, participants can receive information on the Forum events programme, available services, and directions around the Forum venue, as well as:

- copying and printing of documents;
- record information to electronic media;
- learn about things lost and found at the venue;
- charge mobile devices;
- carry out a business trip registration.

ROSCONGRESS PHOTO BANK

The Roscongress Foundation provides photography for all events of the 2nd Women for a Healthy Society Forum and Healthy Life Project expert sessions. Photographs are published at the Roscongress photo bank in real time. Images can be displayed by event and date to facilitate browsing.

The photographs are available for viewing and free download in high resolution, and may be freely used, provided a reference to the Roscongress Foundation is included.

 photo.roscongress.org

CLOAKROOM

 Digital Business Space, 1st floor

 4–5 March, 08:30–19:00

*Please note that there is **no storage room at the event venue!** Participants are advised to leave large luggage at their places of accommodation.*

SME COOPERATION

NEW OPPORTUNITIES FOR BUSINESS DEVELOPMENT

The **SME Cooperation B2B service** is a project that the Roscongress Foundation is implementing to support small and medium-sized businesses. The platform brings together Russian and foreign companies to develop business and industrial cooperation, attract investment, and exchange technologies.

In 2024, the service was supplemented with a new functionality: access to the Business Partnership Platform section on the MSP.RF Digital Platform, which creates new opportunities for your business.

Support is provided by the SME Corporation and Roscongress Foundation. Companies create their own cards, after which they can view the register and see what other companies offer.

The service is free and available to all users of the [Roscongress personal account](#).

Create a company business card, view offers from other participants, and start intensifying your business cooperation and collaboration!

WHAT ARE THE BENEFITS OF THE SERVICE?

Convenient format

A **networking platform register** is formed through cooperation between suppliers and customers, and is continuously updated with the latest data. **The register serves as an online shop window**, providing a convenient search function for essential goods, services, suppliers, contractors, investors, and

Foreign business contacts

The SME networking platform not only offers unique goods and services sold in Russia's remote regions but also provides an opportunity to establish cooperation with foreign companies.

Speed of getting into direct contact with decision-makers

Thanks to the well-established delegate-management mechanisms of the Roscongress Foundation team, participants in the SME networking platform can engage in negotiations at Roscongress Foundation venues in a seamless 'here and now' format, reducing the time and effort required to arrange a

Product search

More than 5,000 verified Russian manufacturers and suppliers

Partners and investors

Post information about your company and products to attract new partners and investors from Russia and other countries

Quick access

Access to requests from private companies and retail chains for finished products or components with the ability to respond to them

The more information you provide about your offer and needs, the higher your chances of finding customers, suppliers, and new sales channels. It will also boost your opportunities to offer your services, giving you a better chance to expand your business and strengthen your position in the market.

HOW CAN I BECOME A MEMBER OF THE SERVICE?

1. You can apply in your [Roscongress personal account](#) (the SME Cooperation tab) by filling in the participant's card according to the following pattern:
 - General information about the company
 - Information on the company's goods, services and projects
 - Information on the demand for the company's goods, services, and suppliers, the preparedness/willingness to enter new markets, etc.
2. After entering your goods/services information, you can learn more about the goods/services cards that have already been created and other companies' needs for goods/services.
3. **The goods and services information** section provides company registers by category (non-food goods/food/services) based on the goods and services cards that are generated. With their help, you will be able to:
 - Find the items you need with the sorting function and exchange contacts
 - Communicate directly with decision-makers
 - Schedule important meetings **at the Forum venue** and discuss details of cooperation in the comfort of business lounges



ROSCONGRESS.ORG INFORMATION AND ANALYTICAL SYSTEM

The Roscongress Information and Analytical System is a unique Roscongress Foundation knowledge base.

The Roscongress IAS provides quick and easy access to all resources related to major business events in Russia that are organized by the Roscongress Foundation.

Features of the interactive knowledge base:

- Descriptions of **7,000+** sessions across more than **280** topics covering global and national development
- Talks, interviews, and insights from more than **25,000** speakers
- Research studies, articles, analytical digests, and expert reviews

Forum participants and all visitors to the ROSCONGRESS.ORG website have a range of services at their disposal:

- Summary: analytical summaries of key discussions, including overviews of conclusions, objectives, and solutions
- Analytical digests: a selection of analytical materials dedicated to important comprehensive studies on the business agenda of the forums
- Video broadcasts of business programme events and the broadcast archive. Broadcasts are available in the 'Programme' section of the event website;
- Search video broadcasts: a feature enabling the user to search for information of interest within videos of events
- The Roscongress Blog: interviews with famous people from the world of culture, sport and science, fascinating stories about the cities and regions in which congresses are held, and articles about the lifestyles of business people

Forum participants are able to use unique services and appreciate the advantages of the ROSCONGRESS.ORG Information and Analytical System in their mobile phones, tablets and computers.

SPECIAL STATUS FOR ROSCONGRESS FOUNDATION EVENT PARTICIPANTS

Companies with Special Status are included in the ROSCONGRESS.ORG Information and Analytical System's business catalogue (Companies section). Strengthen your company's brand and unlock its potential by joining an authoritative portal's ecosystem. **Benefits of being published in the Companies section:**

- The creation of a separate company webpage in the ROSCONGRESS.ORG business catalogue
- Information published about the company, including activities, history, and areas of expertise
- The ability to publish analytical materials and expert commentaries*
- The ability to take advantage of the Roscongress Foundation's marketing capabilities
- Strengthen participants' online presence
- Raise brand awareness and visibility of the company's senior executives and experts
- Have your company associated with the country's biggest events

* Materials must not contain information aimed at either promoting the company or its goods and services for advertising purposes.

Take a leadership approach to progress and advancement! Take advantage of the resources offered on ROSCONGRESS.ORG. Benefit from a wealth of expert information and share experience on analytics and artificial intelligence. Get your expertise, experience, ideas and innovations noticed by the Roscongress Foundation website's target audience.

 roscongress.org/company

VISA SUPPORT

DOCUMENTS FOR CROSSING THE BORDER

To avoid encountering any problems when crossing the border, all foreign participants arriving from abroad are required to bring the following documents with them:

IF YOU NEED A VISA TO ENTER THE RUSSIAN FEDERATION

You must bring the following to cross the border:

- a visa
- a valid passport
- a medical insurance policy valid on the territory of the Russian Federation (if needed)

IF YOU DO NOT NEED A VISA TO ENTER THE RUSSIAN FEDERATION

You must bring the following to cross the border:

- a valid passport
- a medical insurance policy valid on the territory of the Russian Federation (if needed)

HOW TO APPLY FOR A VISA?

If you need a visa to enter the Russian Federation, you can:

- apply for a visa **by obtaining an invitation for foreign arrivals** (for all Forum participants);

OR

- obtain **an electronic visa** (available for citizens of 64 foreign countries).

VISA BY INVITATION FOR FOREIGN ARRIVALS

Visa
 =
invitation for foreign arrivals
 +
list of documents

VISA VALIDITY PERIODS

All the event participants can obtain a short-term, single-entry Russian visa for the period **from 24 February to 14 March 2025**.

The visa is obtained after submitting all the required documents at consular offices of the Russian Federation on the day of their application.

INVITATION FOR FOREIGN ARRIVALS

* An invitation for foreign arrivals is not an invitation to the Forum, but a separate document from the Forum organizers which is available in your [Roscongress personal account](#).

1. All confirmed participants will receive an official invitation to the 2nd Women for a Healthy Society Forum and Healthy Life Project expert sessions by email.
2. After receiving the invitation, log in to your [Roscongress personal account](#) using your personal login and password.
3. Go to the 'My events – Women for a Healthy Society Forum and Healthy Life project – Event dashboard – Visa support' tab of the [Roscongress personal account](#).
4. Your personal information will be automatically uploaded from the Roscongress personal account to the document. You can manually add the city and country where you will be applying for your visa.

You can contact a Roscongress Foundation specialist to make changes to the personal data. The specialist's contact information can be found in the Roscongress personal account and in your invitation letter.

5. Download and print the invitation for foreign arrivals.
6. Provide your Russian consular office with the invitation for foreign arrivals and the other required visa documents.

Information about the location of Russian consular offices can be found [on the website of the Ministry of Foreign Affairs of the Russian Federation](#).

E-VISA

Citizens of **64** foreign countries are eligible for e-visas.

Austria, Barbados, Bahrain, Belgium, Bulgaria, Bhutan, Cambodia, China, Croatia, Cyprus, Czech Republic, Denmark, Eswatini, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, India, Indonesia, Iran, Ireland, Italy, Japan, Jordan, Kenya, The Democratic People's Republic of Korea,

Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Malaysia, Malta, Mexico, Monaco, Myanmar, Netherlands, North Korea, Northern Macedonia, Norway, Oman, Papua New Guinea, Philippines, Poland, Portugal, Romania, Saint Lucia, San Marino, Saudi Arabia, Singapore, Slovakia, Slovenia, Spain, Sweden, Switzerland, Tonga, Trinidad and Tobago, Turkmenistan, Turkey, Vatican, Vietnam, Zimbabwe.

VISA VALIDITY PERIOD

The unified electronic visa is a single-entry visa. **The validity of the single electronic visa is 60 days** from the date of issue. The permitted **period of stay in the Russian Federation** on a single electronic visa is **not more than 16 days from the day of entry** within its validity period.

HOW DO I APPLY FOR AN E-VISA?

To apply for a unified e-visa, it is necessary to fill in **an application** on the purpose-made [website of the Ministry of Foreign Affairs of Russia](#). **The unified electronic visa is not free.**

Applications may be submitted **not earlier than 40 days and no later than 4 days** before the expected date of entry into the Russian Federation.

 electronic-visa.kdmid.ru

For more detailed information, see:

 ['Visa support'](#) section of the event website

GENERAL INFORMATION

CURRENCY AND BANK CARD TRANSACTIONS

Please pay attention to the features of currency and bank card transactions.

It is not possible to withdraw roubles/foreign currency at an ATM or receive cash at a point of sale using Mastercard or Visa cards issued outside of Russia. These cards can also not be used for the payment of goods and services in Russia.

Only cash in US dollars or euros can be freely exchanged for cash in roubles in most banks in Russia. Some bank offices can exchange Chinese yuan, United Arab Emirates dirham, Turkish lira and cash in other currencies. The exchange rate and addresses can be found [here](#).

For currency exchange operations you must present an identity document. If the exchange exceeds the equivalent of USD 10,000 it must be declared in writing.

BANK CARDS

Given the existing restrictions on the use of foreign bank cards in Russia, **we recommend that you carry sufficient cash** for the entire duration of your stay at the Forum.

Mir and UnionPay cards in any currency work without restrictions in Russia.

Forum participants are advised, where possible, to apply for a card or bring an existing card from either of these payment systems.

Please note the UnionPay cards are not accepted at all retail outlets. Additionally, failures may occur when using these cards, and transactions may not go through.

WEATHER IN MOSCOW

Changeable weather is expected during the Forum in Moscow. The average temperature in Moscow at the beginning of March can range from 0 °C to +2 °C. The air temperature may drop to -3 °C at night.

EMERGENCY SERVICES

Rescue service (for mobile phone users): **112**

Fire brigade: **101** (for mobile phone users), **01**

Police: **102** (for mobile phone users), **02**

Ambulance: **103** (from mobile phones), **03**

Moscow Information Bureau: **+7 (495) 777 7777**

EMERGENCY PROCEDURES

The Forum venue is furnished with modern safety equipment, including video surveillance and fire extinguishing systems.

In case of evacuation announcement, participants should:

- keep calm and follow instructions of the Forum staff, the police and other persons responsible for maintaining public order and fire safety as well as the voice alarm instructions;
- not interfere with rescue personnel, police and transport operations;
- leave the venue according to the evacuation plans and follow the exit signs;
- give way to vehicles with sound and light signalling devices.

We ask you to immediately report smoke, fire or any suspicious objects by dialling 112 on your mobile device and notify the Forum staff.

This information is valid as of 3 March 2025. The latest information about the event can be found on the official Forum website: forumhealth.ru.

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



ПАРТНЕРЫ ПО ДЕЛОВОЙ ПРОГРАММЕ



ПАРТНЕРЫ



ТЕХНОЛОГИЧЕСКИЙ ПАРТНЕР



ОФИЦИАЛЬНЫЕ ПОСТАВЩИКИ



ИНФОРМАЦИОННЫЕ ПАРТНЕРЫ

